



# EBCC Gym Schedule

## January

**\*GYM CLOSED**  
**1/19** for BPR  
 Camp  
 8:30-5:00pm

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:30am	<b>Open Gym</b> 5:30-7:00	<b>Open Gym</b> Drop-in MRT 6:15-7:00	<b>Open Gym</b> 5:30-7:00	<b>Open Gym</b> Drop-in MRT 6:15-7:00	<b>Open Gym</b> 5:30-9:00				
6:00am									
6:30am	<b>Bootcamp</b> 7:00-8:00	<b>Open Gym</b> 7:00-8:30	<b>Bootcamp</b> 7:00-8:00	<b>Open Gym</b> 7:00-8:30					
7:00am									
7:30am	<b>Open Gym</b> 8:00-9:00	<b>Drop-in Boulder Lift</b> 8:30-9:30	<b>Open Gym</b> 8:00-9:00	<b>Drop-in Boulder Lift</b> 8:30-9:30				<b>Open Gym</b> 8:00-9:00	
8:00am									
8:30am	<b>Drop-in Boulder Lift</b> 9:00-10:00		<b>Drop-in Boulder Lift</b> 9:00-10:00		<b>Drop-in Total Body Fitness</b> 9:00-10:00	<b>Drop-in Carve</b> 9:00-10:00			
9:00am									
9:30am	<b>* Open Gym</b> 10:00-3:15	<b>Open Gym</b> 9:30-3:30	<b>Open Gym</b> 10:00-12:30	<b>Gonzo Tennis</b> 10:00-1:00	<b>Expand Friday Fun</b> 10:00-11:30	<b>Open Gym</b> 10:00-6:00	<b>Gonzo Tennis</b> 10:30-1:00		
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1:00pm									
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1:30pm								<b>Drop-in Snr Vball</b> 1:30-3:30	<b>Quad Rugby</b> 10:30-1:30
2:00pm									
2:30pm	<b>Gonzo Tennis</b> 3:15-5:30	<b>EXPAND</b> 3:00-4:00			<b>PE</b> 2:00-3:00	<b>Drop-in Senior Volleyball</b> 1:30-3:30	<b>Gonzo</b> 1:00-4:00		
2:30pm									
3:00pm	<b>* Open Gym</b> 3:30-6:45	<b>Drop-in All Ages ball</b> 3:30-5:00	<b>Gonzo Tennis</b> 3:15-5:30	<b>Gonzo Tennis</b> 3:15-5:30	<b>All Ages Bball</b> 3:30-5:00	<b>Open Gym</b> 5:00-7:00			
3:30pm									
3:30pm	<b>EXPAND Sports</b> 5:00-8:30		<b>Open Gym</b> 5:30-6:30	<b>Setup</b>	<b>Gonzo Tennis</b> 4:00-6:00	<b>Rental</b> 5:00-6:00			
4:00pm									
4:30pm	<b>Volleyball Leagues</b> 6:45-10:00	<b>Open Gym</b> 8:30-9:30	<b>CoEd 6's Volleyball</b> 7:00-10:00	<b>Women's Volleyball</b> 6:00-10:00	<b>Rental</b> 6:00-7:00	<b>Drop-in CoEd Volleyball</b> 7:00-9:00	<b>Open Gym</b>		
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9:30pm									



**\*GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME\***

For more information call 303-441-4400 or go to [Http://www.boulderparcs-rec.org](http://www.boulderparcs-rec.org)

1/10/2015