



# East Boulder Recreation Center Lap Pool

## JANUARY



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am		<b>Lap Swim</b> 5:30-6:15					
6:00am	<b>2 lanes open</b> 5:40-7:00 BAM	<b>6 lanes open</b> 6:15-7:15 FHS T&F	<b>2 lanes open</b> 5:40-7:00 BAM		<b>2 lanes open</b> 5:40-7:00 BAM		
6:30am							
7:00am	<b>3 lanes open</b> 7:00-8:00 BAM		<b>3 lanes open</b> 7:00-8:00 BAM		<b>3 lanes open</b> 7:00-8:00 BAM		
7:30am							
8:00am	<b>Lap Swim</b> 8:00-9:15		<b>Lap Swim</b> 8:00-9:15	<b>Lap Swim</b> 5:30-11:00		<b>2 lanes open</b> 7:45-9:15 BAM	
8:30am		<b>Lap Swim</b> 7:15-11:00			<b>Lap Swim</b> 8:00-9:30		
9:00am	<b>*5 lanes H<sub>2</sub>O Fit</b>		<b>*5 lanes H<sub>2</sub>O Fit</b>		<b>*5 lanes H<sub>2</sub>O Fit</b>		
9:30am						<b>7 lanes open</b> 9:15-10:00	
10:00am						<b>6 lanes open</b> 10:00-11:00 Lessons	
10:30am	<b>Lap Swim</b> 9:45-12:00		<b>Lap Swim</b> 9:45-12:00		<b>Lap Swim</b> 10:00-12:00		
11:00am		<b>5 lanes open</b> 11:00-12:00 BAM		<b>3 lanes open</b> 11:00-12:00 BAM		<b>5 lanes open</b>	
11:30am						<b>6 lanes open</b>	
12:00pm	<b>3 lanes open</b> 12:00-1:00 BAM		<b>3 lanes open</b> 12:00-1:00 BAM		<b>3 lanes open</b> 12:00-1:00 BAM		
12:30pm							
1:00pm							
1:30pm		<b>Lap Swim</b> 12:00-4:00		<b>Lap Swim</b> 12:00-4:00			<b>Lap Swim</b> 9:00-7:30
2:00pm	<b>Lap Swim</b> 1:00-4:00		<b>Lap Swim</b> 1:00-4:00	<b>Lap Swim</b> 1:00-4:00		<b>Lap Swim</b> 12:00-5:30	
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm	<b>2 lanes open</b> 4:00-6:00 Bldr Swim	<b>2 lanes open</b> 4:00-6:00 Bldr Swim	<b>2 lanes open</b> 4:00-6:00 Bldr Swim	<b>2 lanes open</b> 4:00-6:00 Bldr Swim	<b>2 lanes open</b> 4:00-6:00 Bldr Swim		
5:00pm							
5:30pm							
6:00pm		<b>4 lanes open</b>		<b>3 lanes open</b> 6:00-7:00 EXPAND			
6:30pm	<b>3 lanes open</b> 6:00-7:30	<b>2 lanes open</b> 6:30-7:30 Bldr Swm & Lessns	<b>3 lanes open</b> 6:00-7:30		<b>3 lanes open</b> 6:00-7:30		
7:00pm				<b>Lap Swim</b>			
7:30pm	<b>6 lanes open</b> 7:30-8:30 FHS	<b>6 lanes open</b> 7:30-8:30 FHS	<b>6 lanes open</b> 7:30-8:30 FHS	<b>6 lanes open</b> 7:30-8:30 FHS			
8:00pm					<b>Lap Swim</b> 7:30-9:00		
8:30pm	<b>Lap Swim</b>	<b>Lap Swim</b>	<b>Lap Swim</b>	<b>Lap Swim</b>			
9:00pm							

\*Indicates # of lap lanes available to public for lap swimming

**\*\*POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME\*\***

For more information call 303-441-4400 or go to [www.boulderaquatics.org](http://www.boulderaquatics.org)