



# NBRC Lap Pool

## JANUARY



1/19/2015

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
6:00am	<b>Lap Swim</b> 6:00-9:00	<b>Lap Swim</b> 6:00-8:00	<b>Lap Swim</b> 6:00-9:00	<b>Lap Swim</b> 6:00-8:00	<b>Lap Swim</b> 6:00-9:00	<b>3 lanes open</b> 7:00-9:00 Bldr Swim	<b>2 lanes open</b> 8:00-9:30 BAM					
6:30am								<b>4 lanes open</b> 8:00-9:00 Drop-in H <sub>2</sub> O Fit	<b>4 lanes open</b> 8:00-9:00 Drop-in H <sub>2</sub> O Fit			
7:00am												
7:30am		<b>4 lanes open</b> 9:00-10:00 Drop-in H <sub>2</sub> O Fit		<b>Lap Swim</b> 9:00-12:00				<b>4 lanes open</b> 9:00-10:00 Drop-in H <sub>2</sub> O Fit	<b>Lap Swim</b> 9:00-12:00	<b>4 lanes open</b> 9:00-10:00 Drop-in H <sub>2</sub> O Fit	<b>4 lanes open</b> 9:00-10:00 <b>not 1/24</b> Flatirons	<b>4 lanes open</b> 9:30-10:30 BAM
8:00am												
8:30am												
9:00am	<b>Lap Swim</b> 10:30-11:30 BAM	<b>Lap Swim</b> 9:00-12:00	<b>Lap Swim</b> 10:30-11:30 BAM	<b>Lap Swim</b> 9:00-12:00	<b>Lap Swim</b> 10:30-11:30 BAM	<b>2 lanes open</b> 10:00-11:00 Elks & Flatirons	<b>Lap Swim</b> 10:30-1:00					
9:30am												
10:00am												
10:30am	<b>Lap Swim</b> 11:30-4:00	<b>3 lanes open</b> 12:00-1:00 BAM	<b>Lap Swim</b> 11:30-4:00	<b>3 lanes open</b> 12:00-1:00 BAM	<b>Lap Swim</b> 11:30-4:00	<b>5 lanes open</b> 11:00-12:30 BHS	<b>4 lanes open</b> 1:00-3:00 Open Swim, Drop Slide, & Diving Board					
11:00am												
11:30am												
12:00pm		<b>Lap Swim</b> 1:00-4:00		<b>Lap Swim</b> 11:30-4:00		<b>Lap Swim</b> 1:00-4:00		<b>Lap Swim</b> 11:30-4:00	<b>Lap Swim</b>			
12:30pm												
1:00pm												
1:30pm	<b>3 lanes open</b> 4:00-5:00 BHS	<b>4 lanes open</b> 4:00-5:30 BHS	<b>3 lanes open</b> 4:00-5:00 BHS		<b>4 lanes open</b> 4:00-5:30 BHS	<b>2 lanes open</b> 4:00-5:00 <b>not 1/30</b> BHS	<b>Lap Swim</b> 4:00-6:30		<b>Lap Swim</b> 3:00-7:30			
2:00pm												
2:30pm												
3:00pm	<b>3 lanes open</b> 5:00-6:00 BHS & Elks	<b>3 lanes open</b> 5:00-6:00 BHS & Elks	<b>3 lanes open</b> 5:00-6:00 BHS & Elks	<b>2 lanes open</b> 5:00-6:00 BHS & Elks								
3:30pm												
4:00pm												
4:30pm	<b>4 lanes open</b> 6:00-7:00 BAM	<b>4 lanes open</b> 5:45-6:45 Drop-in Zumba	<b>6 lanes open</b> 6:15-7:00 Lessons	<b>Lap Swim</b> 5:30-9:00	<b>*6 lanes</b> 6:00-6:30	<b>Lap Swim</b>						
5:00pm												
5:30pm												
6:00pm	<b>4 lanes open</b> 7:00-8:00 Drop-in H <sub>2</sub> O Fit	<b>Lap Swim</b> 6:45-9:00	<b>Lap Swim</b> 7:00-9:00	<b>Lap Swim</b> 5:30-9:00	<b>Lap Swim</b>							
6:30pm												
7:00pm												
7:30pm	<b>Lap Swim</b> 8:00-9:00											
8:00pm												
8:30pm												
9:00pm												

**\*Indicates # of lap lanes available to public for lap swimming**

**\*\*POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME\*\***

For more information call 303-413-7260 or go to [www.boulderaquatics.org](http://www.boulderaquatics.org)