



South Boulder Recreation Center Lap Pool

February 24 - 28



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am	Lap Swim 6:00-3:45	BAM 6:00-7:00 *2 lanes	Lap Swim	BAM 6:00-7:00 *2 lanes	Lap Swim			
6:30am			FHS 6:30-7:30 *3 lanes		FHS 6:30-7:30 *3 lanes			
7:00am								
7:30am								
8:00am								
8:30am								
9:00am			Lap Swim 7:00-12:30		Lap Swim 7:00-12:30			
9:30am								
10:00am							Lap Swim 8:00-1:30	
10:30am								
11:00am				Lap Swim 7:30-3:45		Lap Swim 7:30-3:45		
11:30am								Lap Swim 8:00-4:30
12:00pm								
12:30pm			H₂O Fitness 12:30-1:30 *3 lanes		H₂O Fitness 12:30-1:30 *3 lanes			
1:00pm								
1:30pm								
2:00pm			Lap Swim 1:30-3:45		Lap Swim 1:30-3:45		Open Swim 1:30-4:30 *2 lanes	
2:30pm								
3:00pm								
3:30pm								
4:00pm	FHS	FHS	FHS	FHS	FHS			
4:30pm	3:45-5:45 *0 lanes	3:45-5:45 *2 lanes	3:45-5:45 *2 lanes	3:45-5:45 *2 lanes	3:45-5:45 *2 lanes			
5:00pm								
5:30pm								
6:00pm	Synchro 5:45-8:00 *2 lanes	BAM 6:00-7:00 *1 lane	Synchro 5:45-8:30 *2 lanes	BAM 6:00-7:00 *1 lane	Lap Swim 5:45-7:30			
6:30pm								
7:00pm								
7:30pm		Water Polo 7:00-9:00 *2 lanes		Water Polo 7:00-8:30 *2 lanes				
8:00pm	Lap Swim 8:00-9:00							
8:30pm			Lap Swim	Lap Swim				
9:00pm								

*Indicates # of lap lanes available to public for lap swimming

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-441-3448 or go to www.boulderaquatics.org