



# SBRC Gym Schedule

## MARCH

City of Boulder

**\*\*SBRC SHUTDOWN is March 21st-29th\*\***

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am		<b>Open Gym</b>		<b>Open Gym</b>					
6:30am	<b>Open Gym</b> 6:00-8:00	<b>Bootcamp</b> 6:30-7:30	<b>Open Gym</b> 6:00-8:00	<b>Bootcamp</b> 6:30-7:30	<b>Open Gym</b> 6:00-9:00				
7:00am									
7:30am		<b>Open Gym</b> 7:30-8:50				<b>Open Gym</b> 7:30-8:50			
8:00am	<b>Drop-in MRT</b> 8:00-8:45		<b>Drop-in MRT</b> 8:00-8:45			<b>Open Gym</b>	<b>Drop-in Adult Basketball</b> 8:00-11:00		
8:30am					<b>Drop-in Total Body Fit</b> 8:30-9:30				
9:00am	<b>Setup</b>	<b>Drop-in Total Body Fit</b> 8:50-9:50		<b>Drop-in Total Body Fit</b> 8:50-9:50	<b>Setup</b>				
9:30am	<b>Gym Jam</b> 9:30-11:30 <b>(3/02 ONLY)</b>		<b>Open Gym</b> 8:45-12:00	<b>Gymnastics</b> 9:00-11:15	<b>Gym Jam</b> 9:30-11:30 <b>(3/06 ONLY)</b>	<b>Drop-in Womens Volleyball</b> 9:30-12:00			
10:00am		<b>Open Gym</b> 10:00-11:30							
10:30am									
11:00am									<b>Open Gym</b> 11:00-12:00
11:30am	<b>Cleanup</b>	<b>Drop-in Adult Basketball</b> 11:30-1:30		<b>Drop-in Adult Basketball</b> 11:30-1:30	<b>Cleanup</b>				
12:00pm	<b>Drop-in Sprts Conditioning</b> 12:00-1:00		<b>Drop-in Sprts Conditioning</b> 12:00-1:00		<b>Drop-in Sprts Conditioning</b> 12:00-1:00		<b>Open Gym</b> 12:00-5:00	<b>Youth Volleyball</b> 12:00-3:00	
12:30pm									
1:00pm	<b>Open Gym</b> 1:00-6:00	<b>Drop-in Pickleball</b> 1:30-3:30	<b>Drop-in Adult Bball</b> 1:00-2:30	<b>Drop-in Pickleball</b> 1:30-3:30	<b>Open Gym</b> 1:00-5:45				
1:30pm									
2:00pm									
2:30pm									
3:00pm									
3:30pm									
4:00pm		<b>Open Gym</b> 3:30-6:00		<b>Open Gym</b> 3:30-4:45			<b>Open Gym</b> 3:00-5:00		
4:30pm	<b>EXP Bball</b> 4:00-5:00	<b>Vball Rental</b> 3:45-5:45							
5:00pm									
5:30pm			<b>Drop-in MRT</b> 5:30-6:15	<b>Sports Sampler</b> 5:00-5:45					
6:00pm	<b>Women's Basketball</b> 6:15-8:30	<b>B League Basketball</b> 6:00-10:00	<b>B League Basketball</b> 6:30-10:00	<b>Open Gym</b> 5:45-9:00	<b>Vball Rental</b> 4:45-9:00	<b>Drop-in Badminton</b> 5:45-8:00			
6:30pm									
7:00pm									
7:30pm									
8:00pm									
8:30pm	<b>Open Gym</b> 8:30-9:30								
9:00pm									
9:30pm									



**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>