



City of Boulder

SBRC Gym Schedule

MARCH

****SBRC SHUTDOWN is March 21st-29th****

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6:00am		Open Gym		Open Gym						
6:30am	Open Gym 6:00-8:00	Bootcamp 6:30-7:30	Open Gym 6:00-8:00	Bootcamp 6:30-7:30	Open Gym 6:00-9:00					
7:00am										
7:30am		Open Gym 7:30-8:50				Open Gym 7:30-8:50				
8:00am	Drop-in MRT 8:00-8:45		Drop-in MRT 8:00-8:45			Open Gym	Drop-in Adult Basketball 8:00-11:00			
8:30am					Drop-in Total Body Fit 8:30-9:30					
9:00am	Setup	Drop-in Total Body Fit 8:50-9:50	Open Gym 8:45-12:00	Drop-in Total Body Fit 8:50-9:50	Setup					
9:30am	Gym Jam 9:30-11:30 (3/09 ONLY)			Gym-nastics 9:00-11:15	Gym Jam 9:30-11:30 (3/13 ONLY)	Drop-in Womens Volleyball 9:30-12:00				
10:00am		Open Gym 10:00-11:30					Open Gym 10:00-11:30			
10:30am										
11:00am							Open Gym 11:00-12:00			
11:30am	Cleanup	Drop-in Adult Basketball 11:30-1:30		Drop-in Adult Basketball 11:30-1:30	Cleanup					
12:00pm	Drop-in Sprts Conditioning 12:00-1:00		Drop-in Sprts Conditioning 12:00-1:00		Drop-in Sprts Conditioning 12:00-1:00			Youth Volleyball 12:00-3:00		
12:30pm										
1:00pm	Open Gym 1:00-6:00		Drop-in Adult Bball 1:00-2:30	Drop-in Pickleball 1:30-3:30	Open Gym 1:00-5:45	Open Gym 12:00-5:00				
1:30pm										
2:00pm										
2:30pm			Drop-in Pickleball 1:30-3:30							
3:00pm				Open Gym 1:00-5:30						
3:30pm										
4:00pm		Open Gym 3:30-6:00		Open Gym 3:30-4:45			Open Gym 3:00-5:00			
4:30pm	EXP Bball 4:00-5:00									
5:00pm										
5:30pm			Drop-in MRT 5:30-6:15	Sports Sampler 5:00-5:45						
6:00pm										
6:30pm	Women's Basketball 6:15-8:30	B League Basketball 6:00-10:00	B League Basketball 6:30-10:00	Open Gym 5:45-9:00	Vball Rental 4:45-9:00	Drop-in Badminton 5:45-8:00				
7:00pm										
7:30pm										
8:00pm										
8:30pm	Open Gym 8:30-9:30									
9:00pm										
9:30pm										



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>