



NBRC Gym Schedule

MARCH 1-22

Gym will be **CLOSED** Saturday March 14th from 6:30 am - 8:00 pm for Youth Health Fair!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-8:45	Open Gym 6:00-7:30	Open Gym 6:00-8:45	Open Gym 6:00-7:30	Open Gym 6:30-8:30	Open Gym 7:30-8:30		
6:30am									
7:00am									
7:30am	Drop-in Fit For Life 7:30-8:30		Drop-in Fit For Life 7:30-8:30		Drop-in Fit For Life 7:30-8:30				
8:00am									
8:30am	Drop-in Pickleball 8:30-10:30	Drop-in Pickleball 8:45-10:30	Drop-in Pickleball 8:30-10:30	Drop-in Pickleball 8:45-10:30	Open Gym 8:30-10:30	Drop-in GPW 8:30-9:30	Drop-in CoEd Volleyball 8:30-12:30		
9:00am									
9:30am									
10:00am						Gonzo 9:30-12:00 (3/7 only)			
10:30am	Drop-in Fit For Life 10:30-11:30		Drop-in Fit For Life 10:30-11:30		Drop-in Fit For Life 10:30-11:30				
11:00am		Open Gym 10:30-1:00		Open Gym 10:30-1:00					
11:30am	Drop-in Adult Basketball 11:30-1:30		Drop-in Adult Basketball 11:30-1:30		Drop-in Adult Basketball 11:30-1:30	Drop-in Adult Basketball 11:30-1:30	Open Gym 9:30-3:00	Open Gym 12:30-8:00	
12:00pm									
12:30pm									
1:00pm		Drop-in Senior Basketball 1:00-2:30		Drop-in Senior Basketball 1:00-2:30					
1:30pm	Open Gym 1:30-2:30				Open Gym 1:30-2:30				
2:00pm			Open Gym 1:30-4:00	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Basketball 2:30-5:00	Gonzo 3:00-4:30 (3/7 only)	Open Gym 12:30-8:00		
2:30pm	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Bball 2:30-5:00						Gonzo 2:30-5:00 (3/3 only)	Gonzo 4:00-5:15 (3/4/15)
3:00pm									
3:30pm									
4:00pm									
4:30pm									
5:00pm	Setup	Open Gym	Setup	Open Gym		Open Gym 4:30-3:00			
5:30pm	Drop-in HIIT 5:30-6:15	GPW 5:30-6:15	Drop-in HIIT 5:30-6:15	GPW 5:30-6:15	Open Gym 5:00-7:30				
6:00pm	Takedown	Wmns Wrkout 6:00-7:00	Takedown	Wmns Wrkout 6:00-7:00					
6:30pm									
7:00pm	Open Gym 6:30-9:30	Vball Mtng 7:00-9:00 (NOT 3/10)	Open Gym 7:00-9:30	Drop-in Adult Basketball 7:00-9:00	Open Gym 7:00-9:30				
7:30pm									
8:00pm									
8:30pm									
9:00pm									
9:30pm			Open Gym						



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)