

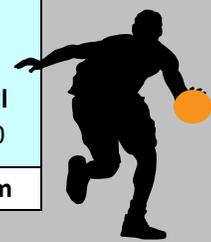


# EBCC Gym Schedule

## March 1-23



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday							
5:30am	<b>Open Gym</b> 5:30-7:00	<b>Open Gym</b>	<b>Open Gym</b>	<b>Open Gym</b>	<b>Open Gym</b> 5:30-9:00									
6:00am		<b>Drop-in MRT</b> 6:15-7:00	5:30-7:00	<b>Drop-in MRT</b> 6:15-7:00										
6:30am														
7:00am	<b>Bootcamp</b> 7:00-8:00	<b>Open Gym</b> 7:00-8:30	<b>Bootcamp</b> 7:00-8:00	<b>Open Gym</b> 7:00-8:30		<b>Open Gym</b>								
7:30am														
8:00am	<b>Open Gym</b> 8:00-9:00		<b>Open Gym</b> 8:00-9:00			<b>Drop-in Carve</b> 8:00-9:00		<b>Open Gym</b>						
8:30am		<b>Drop-in Boulder Lift</b> 8:30-9:30		<b>Drop-in Boulder Lift</b> 8:30-9:30										
9:00am	<b>Drop-in Boulder Lift</b> 9:00-10:00		<b>Drop-in Boulder Lift</b> 9:00-10:00		<b>Drop-in Total Body Fitness</b> 9:00-10:00	<b>Drop-in Carve</b> 9:00-10:00	<b>Drop-in Boulder Lift</b> 9:00-10:00							
9:30am														
10:00am	<b>Open Gym</b> 10:00-6:45	<b>Open Gym</b> 9:30-3:30	<b>Quad Rugby</b> 10:30-1:30	<b>Open Gym</b> 10:00-3:15	<b>Open Gym</b> 9:30-6:00	<b>EXPAND</b> 10:00-11:30 <b>Starts 3/14</b>	<b>Open Gym</b> 12:00-1:00							
10:30am								<b>Gonzo</b> 10:30-12:00	<b>Gonzo</b> 10:30-12:00	<b>Gonzo</b> 10:15-12:00	<b>Youth Vball</b> 10:00-12:00 3/15 & 3/22 only	<b>Open Gym</b> 10:00-1:00		
11:00am														
11:30am														
12:00pm														
12:30pm														
1:00pm														
1:30pm	<b>Drop-in Snr Vball</b> 1:30-3:30					<b>Drop-in Senior Volleyball</b> 1:30-3:30	<b>Drop-in All Ages Basketball</b> 1:00-5:00							
2:00pm														
2:30pm														
3:00pm														
3:30pm	<b>Nuggets Bball</b> 3:30-5:45 <b>Not 3/17</b>	<b>Drop-in All Ages Bball</b> 3:30-5:00				<b>Drop-in Youth Bball</b> 3:30-5:00	<b>Drop-in All Ages Bball</b> 1:00-5:00							
4:00pm														
4:30pm														
5:00pm														
5:30pm														
6:00pm		<b>EXPAND</b> 5:00-8:30												
6:30pm														
7:00pm	<b>Women's Volleyball League</b> 6:45-10:00													
7:30pm														
8:00pm														
8:30pm														
9:00pm														
9:30pm		<b>Open Gym</b> 8:30-9:30												



**\*GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME\***

For more information call 303-441-4400 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)