



East Boulder Recreation Center Lap Pool

March

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:30am	BAM 5:40-7:00 *2 lanes	Lap Swim 5:45-8:30	BAM 5:40-7:00 *2 lanes	Lap Swim 5:45-8:30	BAM 5:40-7:00 *2 lanes	BAM 7:30-9:10 *2 lanes	Lap Swim 9:00-7:30		
6:00am									
6:30am									
7:00am	BAM 7:00-8:00 *3 lanes		BAM 7:00-8:00 *3 lanes	BAM 7:00-8:00 *3 lanes					
7:30am									
8:00am	Lap Swim 8:00-9:15		Lap Swim 8:00-9:15	BAM 8:30-9:45 *4 lanes	Lap Swim 8:00-9:00				
8:30am		BAM 8:30-9:45 *4 lanes							
9:00am	H₂O Fit *5 lanes		H₂O Fit *5 lanes	H₂O Fit 9:00-10:00 *5 lanes					
9:30am					Swim Lessons 9:15-11:00 *6 lanes ends 3/15				
10:00am	Lap Swim 9:45-12:00	Lap Swim 9:45-11:00	Lap Swim 9:45-12:00	Lap Swim 9:45-11:00	Lap Swim 10:00-12:00				
10:30am									
11:00am		BAM 11:00-12:00 *5 lanes		BAM 11:00-12:00 *5 lanes					
11:30am									
12:00pm	BAM 12:00-1:00 *3 lanes		BAM 12:00-1:00 *3 lanes		BAM 12:00-1:00 *3 lanes				
12:30pm									
1:00pm	Lap Swim 1:00-4:00	Lap Swim 12:00-4:00	Lap Swim 1:00-4:00	Lap Swim 12:00-4:00	Lap Swim 1:00-4:00	Lap Swim 12:00-5:30			
1:30pm									
2:00pm									
2:30pm									
3:00pm									
3:30pm									
4:00pm	Boulder Swimming 4:00-6:00 *2 lanes	Boulder Swimming 4:00-6:00 *2 lanes	Boulder Swimming 4:00-6:00 *2 lanes	Boulder Swimming 4:00-6:00 *2 lanes	Boulder Swimming 4:00-6:00 *2 lanes				
4:30pm									
5:00pm									
5:30pm									
6:00pm	Boulder Swimming 6:00-7:30 *3 lanes	6:00-6:30 *3 lanes	Boulder Swimming 6:00-7:30 *3 lanes	EXPAND/Bldr 6:00-7:00 *1 lane	Boulder Swimming 6:00-7:30 *3 lanes				
6:30pm		Bldr/Lessons 6:30-7:30 *1 lane							
7:00pm						7:00-7:30 *3 lanes			
7:30pm				Lap Swim	Lap Swim				
8:00pm	Lap Swim 7:30-9:00	Lap Swim 7:30-9:00	Lap Swim 7:30-9:00						
8:30pm									

*Indicates # of lap lanes available to public for lap swimming

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-441-4400 or go to www.boulderaquatics.org