



East Boulder Recreation Center Lap Pool

March

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am							
6:00am	BAM 5:40-7:00 *2 lanes	BAM 6:00-7:00 *4 lanes	BAM 5:40-7:00 *2 lanes	BAM 6:00-7:00 *4 lanes	BAM 5:40-7:00 *2 lanes		
6:30am							
7:00am	BAM 7:00-8:00 *3 lanes	Lap Swim 7:00-8:30	BAM 7:00-8:00 *3 lanes	Lap Swim 7:00-8:30	BAM 7:00-8:00 *3 lanes		
7:30am						BAM 7:30-9:10 *2 lanes	
8:00am	Lap Swim 8:00-9:15		Lap Swim 8:00-9:15		Lap Swim 8:00-9:00		
8:30am		BAM 8:30-9:45 *4 lanes		BAM 8:30-9:45 *4 lanes			
9:00am	H₂O Fit *5 lanes		H₂O Fit *5 lanes		H₂O Fit 9:00-10:00 *5 lanes		
9:30am						Lap Swim 9:15-11:00	
10:00am		Lap Swim 9:45-11:00		Lap Swim 9:45-11:00			
10:30am	Lap Swim 9:45-12:00		Lap Swim 9:45-12:00		Lap Swim 10:00-12:00	Swim Lessons 11:00-12:00 *5 lanes	
11:00am		BAM 11:00-12:00 *5 lanes		BAM 11:00-12:00 *5 lanes			
11:30am							
12:00pm	BAM 12:00-1:00 *3 lanes		BAM 12:00-1:00 *3 lanes		BAM 12:00-1:00 *3 lanes	Boulder Swim 12:00-1:00 *3 lanes	
12:30pm							
1:00pm							
1:30pm		Lap Swim 12:00-4:00		Lap Swim 12:00-4:00	FHS 1:00-3:00 *3 lanes		Lap Swim 9:00-7:30
2:00pm	Lap Swim 1:00-4:00		Lap Swim 1:00-4:00				
2:30pm					Lap Swim 3:00-4:00		
3:00pm						Lap Swim 1:00-6:30	
3:30pm							
4:00pm	Boulder Swimming 4:00-6:00 *2 lanes						
4:30pm							
5:00pm							
5:30pm							
6:00pm	Boulder Swimming 6:00-7:30 *3 lanes	*3 lanes	Boulder Swimming 6:00-7:30 *3 lanes	Boulder Swimming 6:00-7:30 *3 lanes	Boulder Swimming 6:00-7:30 *3 lanes		
6:30pm		*2 lanes					
7:00pm		*1 lane					
7:30pm		*4 lanes		Lap Swim	Lap Swim		
8:00pm	Lap Swim 7:30-9:00	Lap Swim 8:00-9:00	Lap Swim 7:30-9:00				
8:30pm							

*Indicates # of lap lanes available to public for lap swimming

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-441-4400 or go to www.boulderaquatics.org