



SBRC Lap Pool

March 28-May 1

Pool schedule is subject to change. Please read the bottom of the schedule for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am		2 lanes open 6:00-7:00 BAM		2 lanes open 6:00-7:00 BAM			
6:30am							
7:00am							
7:30am							
8:00am						Lap Swim 8:00-9:00	
8:30am							Lap Swim 8:00-11:00
9:00am		Lap Swim 7:00-12:30		Lap Swim 7:00-12:30		3 lanes open 9:00-10:00 FHS Boys	
9:30am							
10:00am							
10:30am	Lap Swim 6:00-3:45		Lap Swim 6:00-3:45		Lap Swim 6:00-3:45	5 lanes open	
11:00am							
11:30am							
12:00pm						2 lanes open 11:00-2:00 Scuba	2 lanes open 11:00-2:00 Scuba 3/6 & 3/13
12:30pm		3 lanes open 12:30-1:30 H ₂ O Fitness		3 lanes open 12:30-1:30 H ₂ O Fitness			
1:00pm							
1:30pm							
2:00pm							
2:30pm		Lap Swim 1:30-3:45		Lap Swim 1:30-3:45			
3:00pm						Lap Swim 2:00-4:30	2 lanes open Open Swim w/ Diving Board! 2:00-4:00
3:30pm							
4:00pm	0 lanes open 3:45-5:45 FHS	0 lanes open 3:45-5:45 FHS	0 lanes open 3:45-5:45 FHS	0 lanes open 3:45-5:45 FHS	0 lanes open 3:45-5:45 FHS		Lap Swim
4:30pm							
5:00pm							
5:30pm							
6:00pm		2 lanes open 6:00-7:00 BAM		2 lanes open 6:00-7:00 BAM	3 lanes open 6:00-7:00 RevRun		
6:30pm	2 lanes open 5:45-8:30 Synchro		2 lanes open 5:45-8:30 Synchro		Lap Swim		
7:00pm		2 lanes open 7:00-8:30 Water Polo		2 lanes open 7:00-8:30 Water Polo			
7:30pm							
8:00pm							
8:30pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim			

Tuesday, 4/5 & 4/19, FHS Swim Meets, 3-7PM, All lanes (No PM BAM)

Friday and Saturday, 4/15 & 4/16, BOCO Swim Meet, All lanes, Friday 3-6PM, Saturday 11:30-4:30PM

Saturday, 4/16, Scuba 1 lane 8-8:30AM, 4 lanes 8:30-11:30AM

Saturday, 4/30 & 5/7, BAM LG Training 2-4:30PM, 2 lanes