



SBRC Gym Schedule

April

The South Boulder Recreation Center will be closed on Sunday, April 20th for the Easter holiday.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00am	Open Gym 6:00-12:00	Open Gym	Open Gym 6:00-12:00	Open Gym	Open Gym 6:00-12:00						
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30							
7:00am		Open Gym 7:30-8:50		Open Gym 7:30-8:50							
7:30am											
8:00am		Drop-in Total Body Fitness 8:50-10:00		Drop-in Total Body Fitness 8:50-10:00							
8:30am											
9:00am		Open Gym 10:00-11:00		Drop-in Picklbl 10:00- 12:00				Open Gym 10:00-11:00	Drop-in Adult Basketball 11:00-1:30	Drop-in Womens Volleyball 8:30-11:00	Drop-in Adult Basketball 8:00-11:00
9:30am											
10:00am		Drop-in Adult Basketball 11:00-1:30		Drop-in Spts Conditioning 12:00-1:00				Open Gym 1:00-3:30	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00
10:30am											
11:00am	Drop-in Spts Conditioning 12:00-1:00	Drop-in Bball 1:00- 2:30	Open Gym 1:00- 3:30	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
11:30am											
12:00pm	Open Gym 1:00-3:30	Drop-in Pickleball 1:30-3:30	Open Gym 1:00- 3:30	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
12:30pm											
1:00pm	Open Gym 1:00-3:30	Drop-in Pickleball 1:30-3:30	Open Gym 1:00- 3:30	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
1:30pm											
2:00pm	Drop-in Youth Basketball 3:30-5:00	Open Gym 3:30-6:00	Drop-in Youth Basketball 3:30-5:00	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
2:30pm											
2:30pm	Drop-in Youth Basketball 3:30-5:00	Open Gym 3:30-6:00	Drop-in Youth Basketball 3:30-5:00	Drop-in Picklbl 1:30- 3:30	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
3:00pm											
3:30pm	Drop-in Youth Basketball 3:30-5:00	Open Gym 3:30-6:00	Drop-in Youth Basketball 3:30-5:00	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
4:00pm											
4:30pm	Kickboxing 5:00-6:00	Open Gym 3:30-6:00	Kickboxing 5:00-6:00	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
5:00pm											
5:30pm	Kickboxing 5:00-6:00	Open Gym 3:30-6:00	Kickboxing 5:00-6:00	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
6:00pm											
6:30pm	Women's Basketball 6:00-8:00	B League Basketball 6:00-10:00	B League Basketball 6:00-10:00	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
7:00pm											
7:30pm	Women's Basketball 6:00-8:00	B League Basketball 6:00-10:00	B League Basketball 6:00-10:00	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
8:00pm											
8:30pm	Open Gym 8:00-9:30	B League Basketball 6:00-10:00	B League Basketball 6:00-10:00	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
9:00pm											
9:30pm	Open Gym 8:00-9:30	B League Basketball 6:00-10:00	B League Basketball 6:00-10:00	Drop-in Spts Conditioning 12:00-1:00	Open Gym 1:00-3:00	Open Gym 11:00-12:00					
9:30pm											

**CLOSED FOR
FHS MEET
12:00-5:00
4/5 ONLY**

**CLOSED FOR
FHS MEET
3:00-8:00
4/4 ONLY**



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)