



SBRC Gym Schedule

April

The South Boulder Recreation Center will be closed on Sunday, April 20th for the Easter holiday.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am	Open Gym 6:00-12:00	Open Gym	Open Gym 6:00-12:00	Open Gym	Open Gym 6:00-12:00			
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30				
7:00am		Open Gym 7:30-8:50		Open Gym 7:30-8:50				
7:30am								
8:00am		Drop-in Total Body Fitness 8:50-10:00		Drop-in Total Body Fitness 8:50-10:00				
8:30am								
9:00am		Open Gym 10:00-11:00		Drop-in Picklbl 10:00- 12:00				Open Gym 10:00-11:00
9:30am								
10:00am		Drop-in Adult Basketball 11:00-1:30		Drop-in Adult Basketball 11:00-1:30				
10:30am								
11:00am	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Sprts Conditioning 12:00-1:00					
11:30am								
12:00pm	Open Gym 1:00-3:30	Drop-in Pickleball 1:30-3:30	Drop-in Bball 1:00- 2:30	Open Gym 1:00- 3:30	Open Gym 1:00-3:30	Drop-in All Ages Basketball 1:00-3:00	Open Gym 11:00-12:00	
12:30pm								
1:00pm	Drop-in Youth Basketball 3:30-5:00	Open Gym 3:30-6:00	Drop-in Youth Basketball 3:30-5:00	Drop-in Picklbl 1:30- 3:30	Open Gym 1:00-3:30	Drop-in All Ages Basketball 1:00-3:00	Youth Volleyball 12:00-3:00 not 3/30	
1:30pm								
2:00pm	Kickboxing 5:00-6:00	Open Gym 3:30-6:00	Kickboxing 5:00-6:00	Srts Smplr 5:00-6:00	Open Gym 1:00-3:30	Drop-in All Ages Basketball 1:00-3:00	Open Gym 11:00-12:00	
2:30pm								
3:00pm	Women's Basketball 6:00-8:00	Open Gym 3:30-6:00	Drop-in Youth Basketball 3:30-5:00	Open Gym 1:30-9:30	Drop-in Youth Basketball 3:30-5:00	Drop-in All Ages Basketball 1:00-3:00	Open Gym 3:00-5:00	
3:30pm								
4:00pm	Open Gym 8:00-9:30	B League Basketball 6:00-10:00	B League Basketball 6:00-10:00	Open Gym 1:30-9:30	Drop-in Youth Basketball 3:30-5:00	Drop-in All Ages Basketball 1:00-3:00	Open Gym 3:00-5:00	
4:30pm								
5:00pm	Open Gym 8:00-9:30	B League Basketball 6:00-10:00	B League Basketball 6:00-10:00	Srts Smplr 5:00-6:00	Open Gym 5:00-5:45	Drop-in All Ages Basketball 1:00-3:00	Open Gym 3:00-5:00	
5:30pm								
6:00pm	Open Gym 8:00-9:30	B League Basketball 6:00-10:00	B League Basketball 6:00-10:00	Open Gym 1:30-9:30	Drop-in Youth Basketball 3:30-5:00	Drop-in All Ages Basketball 1:00-3:00	Open Gym 3:00-5:00	
6:30pm								
7:00pm	Open Gym 8:00-9:30	B League Basketball 6:00-10:00	B League Basketball 6:00-10:00	Open Gym 1:30-9:30	Drop-in Youth Basketball 3:30-5:00	Drop-in All Ages Basketball 1:00-3:00	Open Gym 3:00-5:00	
7:30pm								
8:00pm	Open Gym 8:00-9:30	B League Basketball 6:00-10:00	B League Basketball 6:00-10:00	Open Gym 1:30-9:30	Drop-in Youth Basketball 3:30-5:00	Drop-in All Ages Basketball 1:00-3:00	Open Gym 3:00-5:00	
8:30pm								
9:00pm	Open Gym 8:00-9:30	B League Basketball 6:00-10:00	B League Basketball 6:00-10:00	Open Gym 1:30-9:30	Drop-in Youth Basketball 3:30-5:00	Drop-in All Ages Basketball 1:00-3:00	Open Gym 3:00-5:00	
9:30pm								



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)