



City of Boulder

SBRC Gym Schedule

APRIL



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am		Open Gym		Open Gym				
6:30am	Open Gym 6:00-8:00	Bootcamp 6:30-7:30	Open Gym 6:00-8:00	Bootcamp 6:30-7:30				
7:00am		Complete		Complete				
7:30am		Conditioning 7:30-8:30		Conditioning 7:30-8:30				
8:00am	Drop-in MRT 8:00-8:45	Drop-in Total Body Fit 8:50-9:50	Drop-in MRT 8:00-8:45	Drop-in Total Body Fit 8:50-9:50	Open Gym 6:00-12:00	Open Gym	Drop-in Adult Basketball 8:00-11:00	
8:30am	Open Gym 8:45-12:00	Open Gym 10:00-11:30	Open Gym 8:45-12:00	Open Gym 10:00-11:30		Total Body Fit 8:30-9:30		
9:00am		Drop-in Adult Basketball 11:30-1:30		Open Gym 1:00-5:30		Drop-in Adult Basketball 11:30-1:30	Drop-in Women's Volleyball 9:30-12:00	
9:30am			Drop-in Sr. Vball 1:30-3:30		Drop-in Pickleball 1:30-3:30			Open Gym 12:00-5:00
10:00am								
10:30am		Open Gym 1:00-6:15	Open Gym 3:30-5:45	Open Gym 3:00-5:00				
11:00am	Open Gym 1:00-6:15				Open Gym 3:30-5:45	Open Gym 3:00-5:00		
11:30am		Open Gym 1:00-6:15	Open Gym 3:30-5:45	Open Gym 3:00-5:00				
12:00pm	Drop-in Spts Conditioning 12:00-1:00				Drop-in Spts Conditioning 12:00-1:00	Drop-in Spts Conditioning 12:00-1:00	Drop-in Spts Conditioning 12:00-1:00	Youth Volleyball 12:00-1:30
12:30pm	Drop-in Spts Conditioning 12:00-1:00	Drop-in Spts Conditioning 12:00-1:00	Drop-in Spts Conditioning 12:00-1:00	Drop-in Spts Conditioning 12:00-1:00	Open Gym 12:00-5:00			
1:00pm		Drop-in Adult Basketball 11:30-1:30	Adult Bball 1:00-2:30	Drop-in Sr. Vball 1:30-3:30		Open Gym 12:00-5:00		
1:30pm	Drop-in Sr. Vball 1:30-3:30	Drop-in Pickleball 1:30-3:30	Open Gym 1:00-5:30	Drop-in Pickleball 1:30-3:30	Open Gym 1:00-5:45			
2:00pm	Open Gym 1:00-6:15	Open Gym 3:30-5:45	Open Gym 1:00-5:30	Drop-in Pickleball 1:30-3:30		Open Gym 1:00-5:45		
2:30pm					Open Gym 3:30-5:45		Open Gym 3:00-5:00	
3:00pm								Open Gym 3:30-5:45
3:30pm	Open Gym 3:30-5:45	Open Gym 3:00-5:00						
4:00pm			Open Gym 3:30-5:45	Open Gym 3:00-5:00				
4:30pm	Open Gym 3:30-5:45	Open Gym 3:00-5:00						
5:00pm			Open Gym 3:30-5:45	Open Gym 3:00-5:00				
5:30pm	Open Gym 3:30-5:45	Open Gym 3:00-5:00						
6:00pm			Drop-in MRT 5:30-6:15	Drop-in MRT 5:30-6:15	Open Gym 3:30-9:30	Drop-in Badminton 5:45-8:00		
6:30pm	Women's Basketball 6:15-8:00	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Open Gym 3:30-9:30				
7:00pm					Open Gym 8:00-9:30			
7:30pm								
8:00pm	Open Gym 8:00-9:30							
8:30pm								
9:00pm								
9:30pm								



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>