



EBCC Gym Schedule

April 19th-30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	Open Gym 5:30-6:00		Open Gym 5:30-6:00				
6:00am	Sport Conditioning 6:00-6:45		Sport Conditioning 6:00-6:45				
6:30am		Open Gym 5:30-8:30		Open Gym 5:30-8:30	Open Gym 5:30-9:00		
7:00am	Bootcamp 7:00-8:00					Bootcamp 7:00-8:00	
7:30am						Open Gym	
8:00am	Open Gym 8:00-9:00		Open Gym 8:00-9:00			Drop-in Carve 8:00-9:00	
8:30am		Drop-in Boulder Lift 8:30-9:30		Drop-in Boulder Lift 8:30-9:30			
9:00am	Drop-in Boulder Lift 9:00-10:00		Drop-in Boulder Lift 9:00-10:00		Drop-in Total Body Fit 9:00-10:00	Drop-in Carve 9:00-10:00	
9:30am							
10:00am	Open Gym 10:00-11:00				EXPAND Friday Fun 10:00-11:30	Open Gym 10:00-6:00 open gym until 12:30 on 4/30	Open Gym 8:30-2:00
10:30am							
11:00am	Drop-in Pickleball 11:00-1:00	Quad Rugby 10:30-1:30					
11:30am							
12:00pm				Open Gym 9:30-5:30	Open Gym 11:30-1:30	Special Event After-Prom 12:30-10:00 on 4/30 only	Drop-in Pickleball 2:00-4:00
12:30pm					Drop-in Pickleball 11:30-1:15		
1:00pm							
1:30pm	Drop-in Snr Vball 1:30-3:30	Open Gym 9:30-3:30	Open Gym 10:00-6:30		Drop-in Snr Vball 1:30-3:30		
2:00pm							
2:30pm							
3:00pm		Expand 3:00-4:00					
3:30pm					Open Gym 3:30-5:00		
4:00pm		Drop-in All Ages Bball 3:30-5:00			Drop-in All Ages Bball 3:30-5:00		
4:30pm	Open Gym 1:00-9:30			Youth VBALL 4:15-6:00			Drop-in All-Age Bball 4:00-7:00
5:00pm							
5:30pm		Expand 5:00-7:00			Expand 4/22 only		
6:00pm				Open Gym	Open Gym 3:30-7:00		Open Gym 4:00-8:00
6:30pm	Volley Ball League 6:30-10:00						
7:00pm							
7:30pm							
8:00pm		Open Gym 7:00-9:30	Volleyball League 6:30-10:00	Volleyball League 5:30-10:00	Drop-in Co-Ed Vball 7:00-9:15		
8:30pm							
9:00pm							
9:30pm							



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-4400 or go to [Http://www.boulderparcs-rec.org](http://www.boulderparcs-rec.org)