



# NBRC Lap Pool

## April 20-May 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
6:00am	<b>Lap Swim</b> 6:00-9:00	<b>Lap Swim</b> 6:00-8:00	<b>Lap Swim</b> 6:00-9:00	<b>Lap Swim</b> 6:00-8:00	<b>Lap Swim</b> 6:00-9:00	<b>3 lanes open</b> 7:00-9:00 Bldr Swim	<b>2 lanes open</b> 8:00-9:30 BAM					
6:30am								<b>4 lanes open</b> 8:00-9:00 Drop-in H <sub>2</sub> O Fit	<b>4 lanes open</b> 8:00-9:00 Drop-in H <sub>2</sub> O Fit			
7:00am		<b>Lap Swim</b> 9:00-12:00		<b>Lap Swim</b> 9:00-12:00						<b>3 lanes open</b> 9:00-10:00 Flatirons	<b>4 lanes open</b> 9:30-10:30 BAM	
7:30am								<b>Lap Swim</b> 10:30-11:30 BAM	<b>Lap Swim</b> 10:30-11:30 BAM			
8:00am												<b>4 lanes open</b> 12:00-1:00 BAM
8:30am								<b>Lap Swim</b> 11:30-4:00	<b>Lap Swim</b> 1:00-4:00			
9:00am	<b>4 lanes open</b> 9:00-10:00 Drop-in H <sub>2</sub> O Fit	<b>4 lanes open</b> 9:00-10:00 Drop-in H <sub>2</sub> O Fit	<b>4 lanes open</b> 9:00-10:00 Drop-in H <sub>2</sub> O Fit	<b>2 lanes open</b> 10:00-11:00 Flatirons & Elks	<b>Lap Swim</b> 10:30-1:00							
9:30am						<b>4 lanes open</b> 12:00-1:00 BAM	<b>4 lanes open</b> 12:00-1:00 BAM			<b>4 lanes open</b> 1:00-4:00	<b>4 lanes open</b> 1:00-3:00 Open Swim, Drop Slide, & Diving Board	
10:00am	<b>4 lanes open</b> 4:00-5:00 BHS	<b>4 lanes open</b> 4:00-5:00 BHS	<b>4 lanes open</b> 4:00-5:00 BHS	<b>2 lanes open</b> 5:00-6:00 BHS & Elks								
10:30am					<b>4 lanes open</b> 5:45-6:45 Drop-in Zumba	<b>3 lanes open</b> 5:00-6:00 BHS & Elks	<b>2 lanes open</b> 5:00-6:00 BHS & Elks			<b>Lap Swim</b> 4:00-6:30		
11:00am	<b>6 lanes open</b> 6:15- 7:00 Lessons	<b>6 lanes open</b> 6:15- 7:00 Lessons	<b>5 lanes open</b>	<b>Lap Swim</b> 3:00-7:30								
11:30am					<b>Lap Swim</b> 6:45-9:00	<b>Lap Swim</b> 7:00-9:00	<b>Lap Swim</b> 5:30-9:00			<b>Lap Swim</b>		
12:00pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>								
12:30pm					<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00			<b>Lap Swim</b>		
1:00pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>								
1:30pm					<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00			<b>Lap Swim</b>		
2:00pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>								
2:30pm					<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>				
3:00pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>								
3:30pm					<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>				
4:00pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>								
4:30pm					<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>				
5:00pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>								
5:30pm					<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>				
6:00pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>								
6:30pm					<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>				
7:00pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>								
7:30pm					<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>				
8:00pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>								
8:30pm					<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>				
9:00pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b>								

**\*Indicates # of lap lanes available to public for lap swimming**

**\*\*POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME\*\***

For more information call 303-413-7260 or go to [www.boulderaquatics.org](http://www.boulderaquatics.org)