



# NBRC Lap Pool

## May 18 - 24

The North Boulder Recreation Center will be open on Memorial Day - Monday, May 26th 1:30-6:30pm

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00am	<b>Lap Swim</b> 6:00-9:00	<b>Lap Swim</b> 6:00-8:00	<b>Lap Swim</b> 6:00-9:00	<b>Lap Swim</b> 6:00-8:00	<b>Lap Swim</b> 6:00-9:00						
6:30am											
7:00am		<b>H<sub>2</sub>O Fitness</b> 8:00-9:00 *4 lanes		<b>H<sub>2</sub>O Fitness</b> 8:00-9:00 *4 lanes							
7:30am											
8:00am											
8:30am	<b>H<sub>2</sub>O Fitness</b> 9:00-10:00 *4 lanes	<b>H<sub>2</sub>O Fitness</b> 9:00-10:00 *4 lanes	<b>H<sub>2</sub>O Fitness</b> 9:00-10:00 *4 lanes	<b>Lap Swim</b> 7:00-1:00	<b>Lap Swim</b> 8:00-1:00						
9:00am											
9:30am											
10:00am								<b>Lap Swim</b> 9:00-4:00	<b>Lap Swim</b> 10:00-4:00	<b>Lap Swim</b> 9:00-4:00	<b>Lap Swim</b> 10:00-4:00
10:30am											
11:00am											
11:30am											
12:00pm											
12:30pm											
1:00pm	<b>Mesa Swim Team</b> 4:00-5:30 *5 lanes	<b>Mesa Swim Team</b> 4:00-5:30 *5 lanes	<b>Mesa Swim Team</b> 4:00-5:30 *5 lanes	<b>Mesa Swim Team</b> 4:00-5:30 *5 lanes		<b>Lap Swim</b> 4:00-6:30					
1:30pm											
2:00pm					<b>Open Swim</b> 1:00-4:00 *4 lanes		<b>Open Swim</b> 1:00-3:00 *4 lanes				
2:30pm											
3:00pm											
3:30pm	<b>Lap Swim</b> 5:30-7:00	<b>Zumba &amp; Diving Board</b> 5:45-6:45 *4 lanes	<b>Lap Swim</b> 5:30-9:00	<b>Zumba &amp; Diving Board</b> 5:45-6:45 *4 lanes	<b>Lap Swim</b> 5:30-7:00						
4:00pm											
4:30pm											
5:00pm											
5:30pm											
6:00pm	<b>H<sub>2</sub>O Fit &amp; RevRun</b> 7:00-8:00 *2 lanes	<b>Lap Swim</b> 6:45-9:00	<b>Lap Swim</b> 5:30-9:00	<b>Lap Swim</b> 6:45-9:00							
6:30pm											
7:00pm											
7:30pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 6:45-9:00	<b>Lap Swim</b> 6:45-9:00								
8:00pm											
8:30pm											
9:00pm											

**\*Indicates # of lap lanes available to public for lap swimming**

**\*\*POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME\*\***

For more information call 303-413-7260 or go to [www.boulderaquatics.org](http://www.boulderaquatics.org)

5/7/2014