



SBRC Gym Schedule

May

The South Boulder Recreation Center is closed on Memorial Day - Monday, May 26th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6:00am	Open Gym 6:00-12:00	Open Gym	Open Gym 6:00-12:00	Open Gym	Open Gym 6:00-12:00					
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30						
7:00am		Open Gym 7:30-8:50		Open Gym 7:30-8:50						
7:30am										
8:00am		Drop-in Total Body Fitness 8:50-10:00		Drop-in Total Body Fitness 8:50-10:00						
8:30am										
9:00am		Open Gym 10:00-11:00		Drop-in Picklbl 10:00- 12:00				Open Gym 10:00-11:00	Drop-in Womens Volleyball 8:30-11:00	Drop-in Adult Basketball 8:00-11:00
9:30am										
10:00am		Drop-in Adult Basketball 11:00-1:30		Drop-in Spts Conditioning 12:00-1:00				Open Gym 11:00-1:30	Open Gym 11:00-1:00	Open Gym 11:00-12:00
10:30am										
11:00am	Drop-in Spts Conditioning 12:00-1:00	Drop-in Bball 1:00- 2:30	Open Gym 1:00- 3:30	Drop-in Spts Conditioning 12:00-1:00	Open Gym 11:00-1:00	Youth Volleyball 12:00-3:00 ends 5/18				
11:30am										
12:00pm	Open Gym 1:00-3:30	Drop-in Pickleball 1:30-3:30	Drop-in Picklbl 1:30- 3:30	Open Gym 1:00-3:30	Drop-in All Ages Basketball 1:00-3:00					
12:30pm										
1:00pm	Drop-in Youth Basketball 3:30-5:00	Open Gym 3:30-5:45	Drop-in Youth Basketball 3:30-5:00	Open Gym 1:30-9:30	Drop-in Youth Basketball 3:30-5:00	Open Gym 3:00-5:00				
1:30pm										
2:00pm	Kickboxing 5:00-6:00	Open Gym	Kickboxing 5:00-6:00	Spts Smplr 5:00-6:00	Open Gym					
2:30pm										
3:00pm	Open Gym 6:00-9:30	B League Basketball 5:45-10:00	B League Basketball 6:00-10:00	Drop-in Badminton 5:45-7:45						
3:30pm										
4:00pm										
4:30pm										
5:00pm										
5:30pm										
6:00pm										
6:30pm										
7:00pm										
7:30pm										
8:00pm										
8:30pm										
9:00pm										
9:30pm										



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to [Http://www.boulderparcs-rec.org](http://www.boulderparcs-rec.org)