



SBRC Gym Schedule

MAY 1st-25th



SBRC will be closed on Memorial Day, Monday May 25th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Open Gym 6:00-8:00	Open Gym	Open Gym 6:00-8:00	Open Gym	Open Gym 6:00-12:00		
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30			
7:00am		Complete		Complete			
7:30am	Conditioning 7:30-8:30	Conditioning 7:30-8:30					
8:00am	Drop-in MRT 8:00-8:45	Drop-in Total Body Fit 8:50-9:50	Open Gym 8:45-12:00	Drop-in Total Body Fit 8:50-9:50		Total Body Fit 8:30-9:30	Drop-in Adult Basketball 8:00-11:00
8:30am	Open Gym 8:45-12:00	Open Gym 10:00-11:30		Gymnastics 9:00-11:15			
9:00am		Drop-in Adult Basketball 11:30-1:30	Drop-in Spts Conditioning 12:00-1:00	Drop-in Adult Basketball 11:30-1:30		Open Gym 12:00-5:00	
9:30am							Drop-in Pickleball 1:30-3:30
10:00am		Open Gym 3:30-5:45	Open Gym 3:00-5:00				
10:30am				Open Gym 1:00-9:30		Open Gym 5:30-6:15	Open Gym 3:30-9:30
11:00am		Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00				
11:30am	Men's Basketball League 5:45-10:00			Men's Basketball League 6:30-10:00			
12:00pm		Drop-in Spts Conditioning 12:00-1:00	Drop-in Spts Conditioning 12:00-1:00		Drop-in Spts Conditioning 12:00-1:00	Drop-in Spts Conditioning 12:00-1:00	
12:30pm	Drop-in Adult Basketball 11:30-1:30			Drop-in Adult Basketball 11:30-1:30			Drop-in Pickleball 1:30-3:30
1:00pm		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30	
1:30pm	Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30
2:00pm		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30	
2:30pm	Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30
3:00pm		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30	
3:30pm	Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30
4:00pm		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30	
4:30pm	Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30
5:00pm		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30	
5:30pm	Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30
6:00pm		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30	
6:30pm	Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30
7:00pm		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30	
7:30pm	Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30
8:00pm		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30	
8:30pm	Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30
9:00pm		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30		Drop-in Pickleball 1:30-3:30	Drop-in Pickleball 1:30-3:30	
9:30pm	Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30			Drop-in Pickleball 1:30-3:30



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>