



SBRC Gym Schedule

MAY 1st-25th



SBRC will be closed on Memorial Day, Monday May 25th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday								
6:00am	Open Gym 6:00-8:00	Open Gym	Open Gym 6:00-8:00	Open Gym	Open Gym 6:00-12:00										
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30											
7:00am		Complete Conditioning 7:30-8:30		Complete Conditioning 7:30-8:30											
7:30am	Drop-in MRT 8:00-8:45	Drop-in Total Body Fit 8:50-9:50	Drop-in MRT 8:00-8:45	Drop-in Total Body Fit 8:50-9:50				Open Gym	Drop-in Adult Basketball 8:00-11:00						
8:00am								Total Body Fit 8:30-9:30							
8:30am	Open Gym 8:45-12:00	Open Gym 10:00-11:30	Open Gym 8:45- 12:00	Gymn- astics 9:00- 11:15				Drop-in Sprts Conditioning 12:00-1:00	Drop-in Women's Volleyball 9:30-12:00	Open Gym 11:00-12:00					
9:00am															
9:30am		Drop-in Adult Basketball 11:30-1:30	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Adult Basketball 11:30-1:30							Drop-in Sprts Conditioning 12:00-1:00	Youth Volleyball 12:00-3:30 <i>*Ends 5/17*</i>			
10:00am													Adult Bball 1:00-2:30	Drop-in Pickleball 1:30-3:30	Open Gym 12:00-5:00
10:30am															
11:00am	Open Gym 3:30- 5:45	Gymn- astics 3:30- 5:15	Open Gym 3:30-9:30	Open Gym 1:00-5:45											
11:30am					Open Gym 1:00-9:30	Drop-in MRT 5:30-6:15	V-ball Rntl 6:00- 8:30	Drop-in Badminton 5:45-8:00							
12:00pm	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Sprts Conditioning 12:00-1:00											
12:30pm					Open Gym 3:30- 5:45	Expand 4:00-5:00	Open Gym 3:30-9:30	Open Gym 1:00-5:45							
1:00pm	Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00											
1:30pm					Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00							
2:00pm	Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00											
2:30pm					Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00							
3:00pm	Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00											
3:30pm					Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00							
4:00pm	Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00											
4:30pm					Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00							
5:00pm	Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00											
5:30pm					Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00							
6:00pm	Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00											
6:30pm					Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00							
7:00pm	Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00											
7:30pm					Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00							
8:00pm	Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00											
8:30pm					Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00							
9:00pm	Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00											
9:30pm					Open Gym 1:00-9:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	Drop-in Badminton 5:45-8:00							



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>