

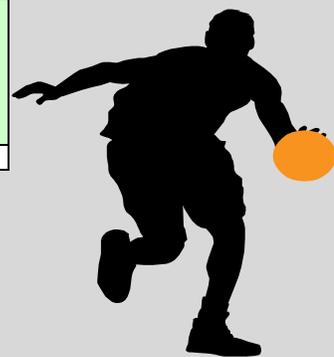
SBRC Gym Schedule

MAY 26th-31st



**SBRC is Closed Monday, May 25th for Memorial Day.
Building hours change Tuesday, May 26th.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am	Open Gym 6:00-12:00	Open Gym	Open Gym 6:00-12:00	Open Gym	Open Gym 6:00-12:00			
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30				
7:00am		Complete Conditioning 7:30-8:30		Complete Conditioning 7:30-8:30				
7:30am		Drop-in Total Body Fitness 8:50-9:50		Drop-in Total Body Fitness 8:50-9:50		Drop-in Total Body Fitness 8:50-9:50	Drop-in Total Body Fitness 8:30-9:30	Drop-in Adult Basketball 8:00-11:00
8:00am		Open Gym 10:00-11:30				Open Gym 10:00-11:30		
8:30am		Drop-in Adult Basketball 11:30-1:30		Drop-in Adult Basketball 11:30-1:30		Drop-in Adult Basketball 11:30-1:30	Drop-in Total Body Fitness 8:30-9:30	Drop-in Volleyball 9:30-12:00
9:00am		Open Gym 1:00-5:00				Open Gym 1:00-5:30		
9:30am		Drop-in Spts Conditioning 12:00-1:00		Drop-in Spts Conditioning 12:00-1:00		Drop-in Spts Conditioning 12:00-1:00	Drop-in Spts Conditioning 12:00-1:00	Open Gym 12:00-2:00
10:00am		Drop-in Pickleball 1:30-3:30		Adult Bball 1:00-2:30		Drop-in Pickleball 1:30-3:30		
10:30am		Open Gym 3:30-5:45		Open Gym 1:00-5:30		Open Gym 3:30-8:30	Drop-in Badminton 5:00-6:45	
11:00am		Drop-in MRT 5:30-6:15				Men's Basketball League 5:45-10:00		V-ball Rental 5:45-8:15
11:30am	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00						
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GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>