



NBRC Lap Pool

May 28 - June 30

Pool schedule is subject to change. Please check below for anticipated changes.

6/4-6/7 Lifeguard Training in 3 lanes 11-4:30PM

Saturday 7/13 and 7/27, Flatiron Swim in 5 lanes 9-11AM

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Every Wednesday: Sauna Closed 7:00-7:30PM and Hot Tub Closed 7:30-9:00PM for Cleaning							
6:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	5 lanes open 6:00-7:00 D3		
6:30am							
7:00am							
7:30am							
8:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim 7:00-9:00		
8:30am							
9:00am							
9:30am							
10:00am	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	4 lanes open 8:00-10:00 Flatirons	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	4 lanes open 8:00-10:00 Flatirons	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	Lap Swim 6:30-1:00	Lap Swim 7:30-11:30
10:30am							
11:00am							
11:30am							
12:00pm	Lap Swim 10:00-4:30	Lap Swim 10:00-4:30	Lap Swim	Lap Swim 10:00-4:30	Lap Swim 10:00-4:30		
12:30pm							
1:00pm							
1:30pm							
2:00pm	Lap Swim 10:00-4:30	Lap Swim 10:00-4:30	Lap Swim 11:30-4:30	Lap Swim 10:00-4:30	Lap Swim 10:00-4:30		7 lanes open
2:30pm							
3:00pm							
3:30pm							
4:00pm	Lap Swim 10:00-4:30	Lap Swim 10:00-4:30	Lap Swim 11:30-4:30	Lap Swim 10:00-4:30	Lap Swim 10:00-4:30		Lap Swim 12:15-1:00
4:30pm							
5:00pm							
5:30pm							
6:00pm	4 lanes open 4:30-5:30	4 lanes open 4:30-6:00 Flatirons	4 lanes open 4:30-5:30	4 lanes open 4:30-6:00 Flatirons	4 lanes open 4:30-6:00 Flatirons	Lap Swim 4:00-6:30	Lap Swim 4:00-7:30
6:30pm							
7:00pm							
7:30pm							
8:00pm	2 lanes open 5:30-6:00	4 lanes open 4:30-6:00 Flatirons	4 lanes open 4:30-5:30	4 lanes open 4:30-6:00 Flatirons	4 lanes open 4:30-6:00 Flatirons		
8:30pm							
9:00pm							
9:30pm							
6:00pm	6 lanes open	4 lanes open 6:00-7:00	6 lanes open	4 lanes open 4:30-6:00 Flatirons	4 lanes open 4:30-6:00 Flatirons	Lap Swim 6:00-7:00	
6:30pm							
7:00pm							
7:30pm							
8:00pm	7 lanes open	4 lanes open 6:00-7:00	7 lanes open 6:30-7:30	4 lanes open 4:30-6:00 Flatirons	4 lanes open 4:30-6:00 Flatirons		
8:30pm							
9:00pm							
9:30pm							
7:00pm	3 lanes open 6:30-7:00	Lap Swim 7:00-9:00	Lap Swim 7:30-9:00	Lap Swim 6:00-9:00	Lap Swim 6:00-9:00		
7:30pm							
8:00pm							
8:30pm							
8:00pm	4 lanes open 7:30-8:00	Lap Swim 7:00-9:00	Lap Swim 7:30-9:00	Lap Swim 6:00-9:00	Lap Swim 6:00-9:00		
8:30pm							
9:00pm							
9:30pm							
9:00pm	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00	Lap Swim 7:30-9:00	Lap Swim 6:00-9:00	Lap Swim 6:00-9:00		
9:30pm							

"Lanes open" indicates lanes open to the public.