



# East Boulder Recreation Center Leisure Pool

5/5/2016

## May 2016

Pool schedule is subject to change. Please read the bottom of the page for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am		Adult-Warm Water Wellness 7:30-9:30		Adult-Warm Water Wellness 7:30-9:00		Open Swim 9:00-5:30	Open Swim 9:30-7:30
8:00am	Aqua-Fit 8:00-9:00		Aqua-Fit 8:00-9:00		Aqua-Fit 8:00-9:00		
8:30am							
9:00am	55+ W.W.F (2) 9-9:45	Twinges in the Hinges 9:30-10:30	55+ W.W.F (2) 9-9:45	55+ W.W.F (2) 9-10:00	Aqua Motion 9:00-9:30		
9:30am	Aqua Motion 9:45-10:15		Aqua Motion 9:45-10:15		Aqua Motion 9:30-10:30		
10:00am							
10:30am	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00		
11:00am							
11:30am							
12:00pm							
12:30pm							
1:00pm	55+ W.W.F (3) 1-2:00	55+ W.W.F (1) 1-1:45	55+ W.W.F (3) 1-2:00	55+ W.W.F (1) 1-1:45	Adult-Warm Water Wellness 1:00-3:00		
1:30pm							
2:00pm	Adult-Warm Water Wellness 2:00-3:00	Adult-Warm Water Wellness 2:00-3:00	Adult-Warm Water Wellness 2:00-3:00	Adult-Warm Water Wellness 2:00-3:00			
2:30pm							
3:00pm	Open Swim 3:00-5:15	Open Swim 3:00-9:00	Open Swim 3:00-5:15	Open Swim 3:00-9:00	Open Swim 3:00-9:00		
3:30pm							
4:00pm							
4:30pm							
5:00pm	EXPAND 5:15-6:15 shallow end open		Adult-Warm Water Wellness 5:15-6:15			Adult-Warm Water Wellness 5:15-6:15	
5:30pm	Hy-Dro Drive 6:15-7:15 shallow end open		Hy-Dro Drive 6:15-7:15 shallow end open				
6:00pm							
6:30pm							
7:00pm	Open Swim 7:15-9:00	Open Swim 7:15-9:00	Open Swim 7:15-9:00	Open Swim 7:15-9:00	Open Swim 7:15-9:00		
7:30pm							
8:00pm							
8:30pm							
9:00pm							

**EBCC is closed on Monday May 30th for the Memorial Day Holiday**

**Monday, May 16 55+ Warm Water Fitness from 1-2PM is cancelled**