



# NBRC Gym Schedule

## JUNE 1-7

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	<b>Open Gym</b> 6:00-7:30	<b>Open Gym</b> 6:00-8:30	<b>Open Gym</b> 6:00-7:30	<b>Open Gym</b> 6:00-8:30	<b>Open Gym</b> 6:00-7:30	<b>Open Gym</b> 6:30-8:30	
6:30am							
7:00am							
7:30am	<b>Drop-in Fit For Life</b> 7:30-8:30		<b>Drop-in Fit For Life</b> 7:30-8:30		<b>Drop-in Fit For Life</b> 7:30-8:30		<b>Open Gym</b> 7:30-8:30
8:00am							
8:30am	<b>Camp</b> 8:30-9:15	<b>Camp</b> 8:30-9:15	<b>Camp</b> 8:30-9:15	<b>Camp</b> 8:30-9:15	<b>Camp</b> 8:30-9:15	<b>Drop-in GPW</b> 8:30-9:30	
9:00am							
9:30am	<b>Pickleball</b> 9:15-10:30		<b>Pickleball</b> 9:15-10:30		<b>Open Gym</b> 9:15-10:30	<b>Open Gym</b> 9:30-7:00	<b>Drop-in CoEd Volleyball</b> 8:30-12:30
10:00am	<b>Open Gym</b> 9:15-12:00		<b>Open Gym</b> 9:15-12:00				
10:30am	<b>Drop-in Fit For Life</b> 10:30-11:30		<b>Drop-in Fit For Life</b> 10:30-11:30		<b>Drop-in Fit For Life</b> 10:30-11:30		
11:00am							
11:30am	<b>Drop-in Adult Basketball</b> 11:30-1:30	<b>Pure Step</b> 12:00-1:00	<b>Drop-in Adult Basketball</b> 11:30-1:30	<b>Pure Step</b> 12:00-1:00	<b>Drop-in Adult Basketball</b> 11:30-1:30		
12:00pm							
12:30pm		<b>Drop-in Senior Basketball</b> 1:00-2:30					
1:00pm							
1:30pm	<b>Open Gym</b> 1:30-3:30	<b>Open Gym</b> 2:30-3:30	<b>Open Gym</b> 1:30-3:30	<b>Open Gym</b> 2:30-3:30	<b>Open Gym</b> 1:30-3:30		
2:00pm							
2:30pm							
3:00pm							
3:30pm	<b>Camp</b> 3:30-4	<b>Camp</b> 3:30-4	<b>Camp</b> 3:30-4	<b>Camp</b> 3:30-4	<b>Camp</b> 3:30-4	<b>Open Gym</b> 12:30-8:00	
4:00pm	<b>Open Gym</b> 4:00-5:15	<b>Open Gym</b> 4:00-6:00	<b>Open Gym</b> 4:00-7:00	<b>Open Gym</b> 4:00-6:00	<b>Open Gym</b> 4:00-7:30		
4:30pm							
5:00pm							
5:30pm	<b>H.I.I.T.</b> 5:15-6:15		<b>H.I.I.T.</b> 5:15-6:15				
6:00pm		<b>Wmns Wrkout</b> 6:00-7:00		<b>Wmns Wrkout</b> 6:00-7:00			
6:30pm							
7:00pm	<b>Open Gym</b> 6:15-9:30	<b>Open Gym</b> 7:00-9:30	<b>Drop-in Adult Basketball</b> 7:00-9:30	<b>Open Gym</b> 7:00-9:30			
7:30pm							
8:00pm							
8:30pm							
9:00pm							
9:30pm							



**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)