



NBRC Lap Pool

June

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim					
6:30am					D3 6:30-7:30 *6 lanes 6/6 only					
7:00am		H₂O Fitness 8:00-9:00 *4 lanes		H₂O Fitness 9:00-10:00 *4 lanes	H₂O Fitness 8:00-9:00 *4 lanes			H₂O Fitness 9:00-10:00 *4 lanes	Lap Swim 7:00-1:00	
7:30am										Lap Swim 7:30-9:00
8:00am										
8:30am	Lap Swim 9:00-10:00 *4 lanes	Lap Swim 10:30-11:30 *5 lanes	Lap Swim 10:30-11:30 *5 lanes	Lap Swim 10:30-11:30 *5 lanes						
9:00am										
9:30am	Lap Swim 11:30-5:30	Lap Swim 11:30-4:30	Lap Swim 9:00-5:45	Lap Swim 11:30-7:00	Lap Swim 4:00-6:30					
10:00am										
10:30am	Lap Swim 11:30-5:30	Lap Swim 11:30-4:30	Lap Swim 9:00-5:45	Lap Swim 11:30-7:00	Lap Swim 4:00-6:30					
11:00am										
11:30am	Lap Swim 11:30-5:30	Lap Swim 11:30-4:30	Lap Swim 9:00-5:45	Lap Swim 11:30-7:00	Lap Swim 4:00-6:30					
12:00pm										
12:30pm	Lap Swim 11:30-5:30	Lap Swim 11:30-4:30	Lap Swim 9:00-5:45	Lap Swim 11:30-7:00	Lap Swim 4:00-6:30					
1:00pm										
1:30pm	Lap Swim 11:30-5:30	Lap Swim 11:30-4:30	Lap Swim 9:00-5:45	Lap Swim 11:30-7:00	Lap Swim 4:00-6:30					
2:00pm										
2:30pm	Lap Swim 11:30-5:30	Lap Swim 11:30-4:30	Lap Swim 9:00-5:45	Lap Swim 11:30-7:00	Lap Swim 4:00-6:30					
3:00pm										
3:30pm	Lap Swim 11:30-5:30	Lap Swim 11:30-4:30	Lap Swim 9:00-5:45	Lap Swim 11:30-7:00	Lap Swim 4:00-6:30					
4:00pm										
4:30pm	Lap Swim 11:30-5:30	Lap Swim 11:30-4:30	Lap Swim 9:00-5:45	Lap Swim 11:30-7:00	Lap Swim 4:00-6:30					
5:00pm										
5:30pm	Lessons 5:30-7:00 *6 lanes	Zumba & Diving Board 5:45-6:45 *4 lanes	Lessons 5:30-7:15 *6 lanes	Zumba & Diving Board 5:45-6:45 *4 lanes	Lap Swim 4:00-6:30					
6:00pm										
6:30pm	H₂O Fit & RevRun 7:00-8:00 *2 lanes	Lap Swim 6:45-9:00	Lap Swim 7:15-9:00	Lap Swim 6:45-9:00	Lap Swim 4:00-6:30					
7:00pm										
7:30pm	Lap Swim 8:00-9:00	Lap Swim 6:45-9:00	Lap Swim 7:15-9:00	Lap Swim 6:45-9:00	Lap Swim 4:00-6:30					
8:00pm										
8:30pm	Lap Swim 8:00-9:00	Lap Swim 6:45-9:00	Lap Swim 7:15-9:00	Lap Swim 6:45-9:00	Lap Swim 4:00-6:30					
8:30pm										
9:00pm										

***Indicates # of lap lanes available to public for lap swimming**

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-413-7260 or go to www.boulderaquatics.org