



NBRC Lap Pool

June

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | |
|---------|---|---|---|---|---|--|--|--|
| 6:00am | Lap Swim 6:00-9:00 | Lap Swim 6:00-1:00 | Lap Swim 6:00-9:00 | Lap Swim 6:00-1:00 | Lap Swim | Lap Swim 7:00-12:00 | Lap Swim 8:00-12:00 | |
| 6:30am | | | | | D3 6:30-7:30 *6 lanes 6/6 only | | | |
| 7:00am | | | | | | | | |
| 7:30am | | | | | | | | |
| 8:00am | | | | | | | | |
| 8:30am | | | | | | | | |
| 9:00am | H₂O Fitness 9:00-10:00 *4 lanes | | H₂O Fitness 9:00-10:00 *4 lanes | | H₂O Fitness 9:00-10:00 *4 lanes | | | |
| 9:30am | | | | | | | | |
| 10:00am | Lap Swim | | Lap Swim | | Lap Swim | | | |
| 10:30am | BAM 10:30-11:30 *5 lanes | | BAM 10:30-11:30 *5 lanes | | BAM 10:30-11:30 *5 lanes | | | |
| 11:00am | | | | | | | | |
| 11:30am | Lap Swim 11:30-5:30 | Open Swim 1:00-3:00 *4 lanes | Lap Swim 11:30-4:30 | Open Swim 1:00-3:00 *4 lanes | Lap Swim 11:30-4:00 | Open Swim 12:00-3:00 *4 lanes | Open Swim 12:00-3:00 *4 lanes | |
| 12:00pm | | | | | | | | |
| 12:30pm | | | | | | | | |
| 1:00pm | | | | | | | | |
| 1:30pm | | | | | | | | |
| 2:00pm | | | | | | | | |
| 2:30pm | | | | | | | | |
| 3:00pm | | | | | | | | |
| 3:30pm | | | | | | | | |
| 4:00pm | | | | | | | | |
| 4:30pm | | | D3 4:30-5:30 *6 lanes 6/4 only | D3 4:30-5:30 *7 lanes 6/5 only | Synchro 4:00-7:00 *4 lanes | Lap Swim 3:00-6:30 | Lap Swim 3:00-7:30 | |
| 5:00pm | | | | | | | | |
| 5:30pm | Lessons 5:30-7:00 *6 lanes | Zumba & Diving Board 5:45-6:45 *4 lanes | Lessons 5:30-7:15 *6 lanes | Zumba & Diving Board 5:45-6:45 *4 lanes | | | | |
| 6:00pm | | | | | | | | |
| 6:30pm | | | | | | | | |
| 7:00pm | H₂O Fit & RevRun 7:00-8:00 *2 lanes | Lap Swim 6:45-9:00 | Lap Swim 7:15-9:00 | Lap Swim 6:45-9:00 | | | | |
| 7:30pm | | | | | | | | |
| 8:00pm | Lap Swim 8:00-9:00 | | | | | | | |
| 8:30pm | | | | | | | | |
| 9:00pm | | | | | | | | |

***Indicates # of lap lanes available to public for lap swimming**

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-413-7260 or go to www.boulderaquatics.org