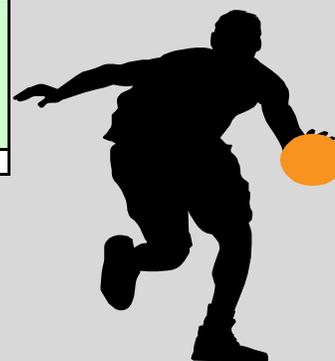


SBRC Gym Schedule

June 1-7



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am	Open Gym 6:00-8:50	Open Gym	Open Gym 6:00-8:50	Open Gym	Open Gym 6:00-12:00			
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30				
7:00am		Complete Conditioning 7:30-8:30		Drop-in Total Body Fitness 8:50-9:50				Drop-in Total Body Fitness 8:50-9:50
7:30am								
8:00am								
8:30am	Drop-in Boulder Lift 8:50-9:50	Drop-in Adult Body Fitness 8:30-9:30	Drop-in Boulder Lift 8:50-9:50	Drop-in Total Body Fitness 8:50-9:50	Open Gym 6:00-12:00	Open Gym 8:00-11:00		
9:00am								
9:30am	Open Gym 9:50-12:00	Open Gym 10:00-11:30	Open Gym 9:50-12:00	Open Gym 10:00-11:30	Open Gym 12:00-2:00	Drop-in Volleyball 9:30-12:00	Open Gym 11:00-2:00	
10:00am								
10:30am								
11:00am								
11:30am								
12:00pm	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Adult Basketball 11:30-1:30	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Adult Basketball 11:30-1:30	Drop-in Sprts Conditioning 12:00-1:00	Open Gym 12:00-2:00		
12:30pm								
1:00pm	Camp 1:30-4:15	Drop-in Pickleball 1:30-3:30	Adult Bball 1:00-2:30	Drop-in Pickleball 1:30-3:30	Open Gym 1:00-5:00	Camp 1:30-4:15		
1:30pm								
2:00pm		Camp 1:30-4:15	Camp 2:30-4:15	Camp 1:30-4:15				
2:30pm								
3:00pm								
3:30pm	Open Gym 1:00-8:30	Open Gym 4:15-5:45	Open Gym 1:00-6:30	Open Gym 4:15-8:30	Open Gym 1:00-5:00	Drop-in Badminton 5:00-6:45		
4:00pm								
4:30pm								
5:00pm								
5:30pm								
6:00pm	Open Gym 1:00-8:30	Men's Basketball League 5:45-10:00	Men's Basketball League 6:30-10:00	V-ball Rental 5:45-8:15	Open Gym 1:00-5:00	Drop-in Badminton 5:00-6:45		
6:30pm								
7:00pm								
7:30pm								
8:00pm								
8:30pm								
9:00pm								
9:30pm								



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>