



SBRC Gym Schedule

May 30th- June 30th

*****Closed Memorial Day 5/30*****

****Camps start June 6th****

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am		Open Gym		Open Gym				
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30				
7:00am	Open Gym 6:00-9:00		Open Gym 6:00-09:00		Open Gym 6:00-12:00			
7:30am		Open Gym 7:30-8:50		Open Gym 7:30-8:50				
8:00am					Open Gym			Drop-in Adult Basketball 8:00-11:00
8:30am		Drop-in Total Body Fit 8:50-9:50		Drop-in Total Body Fit 8:50-9:50	Drop-in Total Body Fit 8:30-9:30			
9:00am	Boulder Lift 9:00-10:00		Boulder Lift 9:00-10:00		Gymnastics 9:00-12:00 starts 6/10	Drop-in Womens Volleyball 9:30-12:00		
9:30am								
10:00am	Open Gym 10:00-12:00	Cardio Fit 10:15-11:15	Open Gym 10a-12p	Cardio Fit 10:15-11:15				
10:30am		Drop-in Adult Basketball 11:30-1:30		Drop-in Adult Basketball 11:30-1:30		Drop-in Sprts Conditioning 12:00-1:00	Open Gym 12:00-2:00	
11:00am			Drop-in Sprts Conditioning 12:00-1:00			Open Gym 11:00-2:00		
11:30am	Drop-in Sprts Conditioning 12:00-1:00							
12:00pm					Drop-in Sprts Conditioning 12:00-1:00	All Ages Bball 1:00-2:00		
12:30pm	Open Gym 1:00-3:30	Drop-in Pickleball 1:30-3:30	Open Gym 1:00-3:30	Drop-in Pickleball 1:30-3:30	Open Gym 1:00-3:30			
1:00pm			Drop-in Adult Bball 1:00-2:30					
1:30pm								
2:00pm								
2:30pm								
3:00pm								
3:30pm	Camp 3:30-4:45		Camp 3:30-4:45		Camp 3:30-4:45	All Ages Bball 3:30-5:00		
4:00pm		Camps 3:30-4:45		Camp 3:30-4:45				
4:30pm								
5:00pm	Open Gym 4:45p- 6:00	Open Gym 3:30-6:00	Open Gym 4:45-6:00		Drop-in Badminton 5:00-6:45			
5:30pm								
6:00pm				Open Gym 3:30-8:30				
6:30pm								
7:00pm	Pickleball 6:00-8:15	League Basketball 6:00-10:00 Over 5/31	League Basketball 6:00-10:00 Over 6/15					
7:30pm								
8:00pm								
8:30pm								
9:00pm								
9:30pm								

GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)