



South Boulder Recreation Center Lap Pool

JULY



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Lap Swim 6:00-1:30	Lap Swim 6:00-9:00	Lap Swim 6:00-9:00	Lap Swim 6:00-12:30	Lap Swim 6:00-1:30				
6:30am									
7:00am									
7:30am									
8:00am		Lap Swim 8:00-10:00	Lap Swim 8:00-10:00						
8:30am									
9:00am		Scuba 9:00-12:00 *4 lanes 7/15 only	Scuba 9:00-12:00 *4 lanes 7/16 only			Lap Swim 6:00-12:30	Lap Swim 6:00-1:30	Scuba 10:00-1:00 *2 lanes	Scuba 10:00-1:00 *2 lanes
9:30am									
10:00am									
10:30am									
11:00am		Lap Swim	Lap Swim	Lap Swim		Lap Swim	Lap Swim	Lap Swim	
11:30am									
12:00pm		H₂O Fitness 12:30-1:30 *3 lanes	Lap Swim 12:00-1:30	Lap Swim 12:00-1:30		H₂O Fitness 12:30-1:30 *3 lanes	Lap Swim	Lap Swim	
12:30pm									
1:00pm	Camps/Open Swim 1:30-3:30 *2 lanes	Camps/Open Swim 1:30-3:30 *2 lanes	Camps/Open Swim 1:30-3:30 *2 lanes	Camps/Open Swim 1:30-3:30 *2 lanes	Camps/Open Swim 1:30-3:30 *2 lanes				
1:30pm									
2:00pm									
2:30pm									
3:00pm	FHS Swim Clinic 3:45-5:30 *2 lanes ends 7/21	FHS Swim Clinic 3:45-5:30 *2 lanes ends 7/22	FHS Swim Clinic 3:45-5:30 *2 lanes ends 7/23	FHS Swim Clinic 3:45-6:00 *2 lanes ends 7/17	Lap Swim 3:30-6:30				
3:30pm									
4:00pm									
4:30pm									
5:00pm	Lap Swim 5:30-8:00	Lap Swim 5:30-8:00	Lap Swim 5:30-8:00	BAM 6:00-7:00 *2 lanes	Lap Swim 3:30-6:30				
5:30pm									
6:00pm									
6:30pm									
7:00pm	Lap Swim 5:30-8:00	Lap Swim 5:30-8:00	Lap Swim 5:30-8:00	Lap Swim 7:00-8:00	Lap Swim 3:30-6:30				
7:30pm									
8:00pm									

***Indicates # of lap lanes available to public for lap swimming**

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-441-3448 or go to www.boulderaquatics.org