



Spruce Lap Pool Schedule

JULY

7/6/2014

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
6:30am	6:00-7:00	6:00-7:00	6:00-7:00	6:00-7:00	6:00-7:00		
7:00am	Barracudas 7:00-9:15 *0 lanes not 7/28	Barracudas 7:00-9:15 *0 lanes not 7/29	Barracudas 7:00-9:15 *0 lanes not 7/30	Barracudas 7:00-9:15 *0 lanes not 7/31	Barracudas 7:00-9:15 *0 lanes not 7/25		
7:30am							
8:00am							
8:30am							
9:00am	9:15-9:45 *5 lanes	9:15-9:45 *5 lanes	9:15-9:45 *5 lanes	9:15-9:45 *5 lanes	9:15-9:45 *5 lanes		
9:30am							
10:00am	Lessons 10:00-11:15 *6 lanes	Lap Swim 9:45-1:00	Lessons 10:00-11:15 *6 lanes	Lap Swim 9:45-1:00	Lessons 10:00-11:15 *6 lanes	Lap Swim 10:00-1:00	Lap Swim 10:00-1:00
10:30am							
11:00am	Lap Swim 11:15-1:00		Lap Swim 11:15-1:00		Lap Swim 11:15-1:00		
11:30am							
12:00pm							
12:30pm							
1:00pm	Open Swim 1:00-5:00 *4 lanes	Open Swim 1:00-5:00 *4 lanes	Open Swim 1:00-5:00 *4 lanes	Open Swim 1:00-5:00 *4 lanes	Open Swim 1:00-5:00 *4 lanes	Open Swim 1:00-6:00 *4 lanes	Open Swim 1:00-6:00 *4 lanes
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm							
5:00pm	Lap Swim 5:00-6:00	Lap Swim 5:00-6:00	Lap Swim 5:00-6:00	Lap Swim 5:00-6:00	Lap Swim 5:00-8:00		
5:30pm							
6:00pm	Barracudas 6:00-7:00 *5 lanes	BAM 6:00-7:00 *4 lanes	Barracudas 6:00-7:00 *5 lanes	Drop-in H₂O Fit & BAM 6:00-7:00 *2 lanes			
6:30pm							
7:00pm	Lap Swim 7:00-8:00	Lap Swim 7:00-8:00	Barracudas 7:00-8:00 *6 lanes	Lap Swim 7:00-8:00			
7:30pm							
8:00pm							

***Indicates # of lap lanes available to public for lap swimming**

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information go to www.boulderaquatics.org