



# East Boulder Recreation Center Lap Pool

## June 29- July 26

### Lap Pool Open July 4th 8am-1pm

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	<b>Lap Swim</b> 5:30-7:00		<b>Lap Swim</b> 5:30-7:00		<b>Lap Swim</b> 5:30-7:00		
6:00am							
6:30am							
7:00am	<b>2 lanes open</b> 7:00-9:00 Boulder Swim	<b>Lap Swim</b> 5:30-10:00	<b>2 lanes open</b> 7:00-9:00 Boulder Swim	<b>Lap Swim</b> 5:30-10:00	<b>2 lanes open</b> 7:00-9:00 Boulder Swim		
7:30am							
8:00am							
8:30am	<b>*5 lanes H<sub>2</sub>O Fit</b>		<b>*5 lanes H<sub>2</sub>O Fit</b>		<b>*5 lanes H<sub>2</sub>O Fit</b>		
9:00am							
9:30am							
10:00am	<b>Lap Swim</b> 10:00-12:00	<b>7 lanes open</b> Lessons 10:00-11:00	<b>Lap Swim</b> 10:00-12:00	<b>7 lanes open</b> Lessons 10:00-11:00	<b>Lap Swim</b> 10:00-12:00	<b>4 lanes open</b> 8:30-10:30 Flatirons	
10:30am							
11:00am		<b>5 lanes open</b> 11:00-12:00 BAM		<b>5 lanes open</b> 11:00-12:00 BAM		<b>7 lanes open</b> 10:40-11:10 Lessons	
11:30am	<b>5 lanes open</b> 12:00-1:00 BAM		<b>5 lanes open</b> 12:00-1:00 BAM		<b>5 lanes open</b> 12:00-1:00 BAM		
12:00pm							
12:30pm							
1:00pm	<b>Lap Swim</b> 1:00-3:00	<b>Lap Swim</b> 12:00-3:00		<b>Lap Swim</b> 12:00-3:00	<b>Lap Swim</b> 1:00-3:00		
1:30pm							
2:00pm							
2:30pm	<b>4 lanes open</b> 3:00-5:00 Flatirons	<b>4 lanes open</b> 3:00-5:00 Flatirons	<b>Lap Swim</b> 1:00-4:00		<b>4 lanes open</b> 3:00-5:00 Flatirons		
3:00pm							
3:30pm							
4:00pm	<b>4 lanes open</b> 5:00-8:00 Mesa	<b>4 lanes open</b> 5:00-6:00	<b>4 lanes open</b> 4:00-5:00 EXPAND		<b>4 lanes open</b> 5:00-6:40		
4:30pm							
5:00pm							
5:30pm	<b>4 lanes open</b> 5:00-8:00 Mesa	<b>3 lanes open</b>	<b>4 lanes open</b> 5:00-8:00 Mesa		<b>4 lanes open</b> 5:00-8:00 Mesa		
6:00pm							
6:30pm		<b>4 lanes open</b> 6:35-8:00 Mesa					
7:00pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00		<b>4 lanes open</b> 7:10-8:00 Mesa		
7:30pm							
8:00pm							
8:30pm	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00	<b>Lap Swim</b> 8:00-9:00		<b>Lap Swim</b> 8:00-9:00		
9:00pm							

**"Lanes open" indicates lanes open to the public.**

**\*\*POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME\*\***

For more information call 303-441-4400 or go to [www.boulderaquatics.org](http://www.boulderaquatics.org)