

# NBRC Gym Schedule

## AUGUST

**The North Boulder Recreation Center will be closed for its annual shutdown Sat, Aug 16<sup>th</sup> - Sun, Aug 24<sup>th</sup>**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	<b>Open Gym</b> 6:00-7:30		<b>Open Gym</b> 6:00-7:30		<b>Open Gym</b> 6:00-7:30		
6:30am							
7:00am							
7:30am	<b>Drop-in Fit For Life</b> 7:30-8:30	<b>Open Gym</b> 6:00-12:00	<b>Drop-in Fit For Life</b> 7:30-8:30	<b>Open Gym</b> 6:00-12:00	<b>Drop-in Fit For Life</b> 7:30-8:30	<b>Open Gym</b> 6:30-8:00	<b>Open Gym</b> 7:30-8:30
8:00am							
8:30am	<b>Drop-in Pickleball</b> 8:30-10:30	<b>Fringe Fest</b> 9:00-12:00	<b>Drop-in Pickleball</b> 8:30-10:30	<b>Fringe Fest</b> 9:00-12:00	<b>Open Gym</b> 8:30-10:30	<b>Bootcamp</b> 8:00-9:00	<b>Drop-in CoEd Volleyball</b> 8:30-12:30
9:00am							
9:30am							
10:00am	<b>Drop-in Fit For Life</b> 10:30-11:30		<b>Drop-in Fit For Life</b> 10:30-11:30		<b>Drop-in Fit For Life</b> 10:30-11:30		
10:30am							
11:00am	<b>Drop-in Adult Basketball</b> 11:30-1:30	<b>Drop-in Step</b> 12:00-1:00	<b>Drop-in Adult Basketball</b> 11:30-1:30	<b>Drop-in Step</b> 12:00-1:00	<b>Drop-in Adult Basketball</b> 11:30-1:30		
12:00pm							
12:30pm	<b>Open Gym</b> 1:30-3:30	<b>Drop-in Senior Basketball</b> 1:00-2:30	<b>Open Gym</b> 1:30-3:30	<b>Drop-in Senior Basketball</b> 1:00-2:30	<b>Open Gym</b> 1:30-3:30		
1:00pm							
1:30pm	<b>Open Gym</b> 1:30-3:30	<b>Open Gym</b> 2:30-3:30	<b>Open Gym</b> 1:30-3:30	<b>Open Gym</b> 2:30-3:30	<b>Open Gym</b> 1:30-3:30		
2:00pm							
2:30pm	<b>Camp Checkout</b>						
3:00pm							
3:30pm	<b>Open Gym</b> 4:15-9:30	<b>Open Gym</b> 4:15-7:00	<b>Open Gym</b> 4:15-7:00	<b>Open Gym</b> 4:15-9:30	<b>Open Gym</b> 4:15-7:30	<b>Open Gym</b> 9:00-7:00	<b>Open Gym</b> 12:30-8:00
4:00pm							
4:30pm							
5:00pm							
5:30pm							
6:00pm							
6:30pm							
7:00pm							
7:30pm							
8:00pm							
8:30pm	<b>Men's Basketball</b> 7:00-10:00		<b>Drop-in Adult Basketball</b> 7:00-9:30				
9:00pm							
9:30pm							



**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)