



East Boulder Recreation Center Lap Pool

August 16 - 31

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	BAM 5:40-7:00 *2 lanes	Lap Swim 5:30-11:00	BAM 5:40-7:00 *2 lanes	Lap Swim 5:30-11:00	BAM 5:40-7:00 *2 lanes	Lap Swim 7:00-5:30	Lap Swim 8:00-7:00
6:00am							
6:30am							
7:00am	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00		Lap Swim 7:00-9:00		
7:30am							
8:00am							
8:30am	H²O Fitness 9:00-10:00 *5 lanes		Lap Swim 5:30-11:00		H²O Fitness 9:00-10:00 *5 lanes		
9:00am							
9:30am							
10:00am	Lap Swim 10:00-12:00	BAM 11:00-12:00 *5 lanes	Lap Swim	BAM 11:00-12:00 *5 lanes	Lap Swim 10:00-12:00		
10:30am			BAM 10:30-11:30 *4 lanes				
11:00am			Lap Swim				
11:30am							
12:00pm	BAM 12:00-1:00 *4 lanes	BAM 12:00-1:00 *4 lanes	BAM 12:00-1:00 *4 lanes	BAM 12:00-1:00 *4 lanes	BAM 12:00-1:00 *4 lanes		
12:30pm							
1:00pm							
1:30pm	Lap Swim 1:00-6:45	Lap Swim 12:00-9:00	Lap Swim 1:00-9:00	Lap Swim 12:00-9:00	Lap Swim 1:00-9:00		
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm							
5:00pm							
5:30pm							
6:00pm							
6:30pm	RevRunning 6:45-7:45 *5 lanes	Lap Swim 12:00-9:00	Lap Swim 1:00-9:00	Lap Swim 12:00-9:00	Lap Swim 1:00-9:00		
7:00pm							
7:30pm							
8:00pm	Lap Swim 7:45-9:00	Lap Swim 12:00-9:00	Lap Swim 1:00-9:00	Lap Swim 12:00-9:00	Lap Swim 1:00-9:00		
8:30pm							
9:00pm							

*Indicates # of lap lanes available to public for lap swimming

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-441-4400 or go to www.boulderaquatics.org