



Spruce Lap Pool Schedule

August 17- 23



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am								
6:30am								
7:00am	Lap Swim 7:00-10:30	Lap Swim 7:00-1:00	Lap Swim 7:00-10:30	Lap Swim 7:00-1:00	Lap Swim 7:00-11:30			
7:30am								
8:00am								
8:30am								
9:00am								
9:30am								
10:00am	4 lanes open 10:30-11:30 BAM		4 lanes open 10:30-11:30 BAM			Lap Swim 10:00-1:00	Lap Swim 10:00-1:00	
10:30am								
11:00am	Lap Swim 11:30-1:00		Lap Swim 11:30-1:00		5 lanes open 11:30-12:30 BAM			
11:30am								
12:00pm								
12:30pm								
1:00pm						4 lanes open 1:00-6:00 Open Swim	4 lanes open 1:00-6:00 Open Swim	
1:30pm								
2:00pm								
2:30pm								
3:00pm								
3:30pm								
4:00pm	5 lanes open 4:00-5:00 Boulder Swim							
4:30pm								
5:00pm	Lap Swim 5:00-7:00	Lap Swim 5:00-6:00	Lap Swim 5:00-7:00	Lap Swim 5:00-6:00	Lap Swim 4:00-7:00			
5:30pm								
6:00pm		4 lanes open 6:00-7:00 BAM						2 lanes open 6:00-7:00 Drop-in H2O Fit & BAM
6:30pm								
7:00pm								
7:30pm								
8:00pm								

"Lanes open" indicates lanes open to the public.

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information go to www.boulderaquatics.org