



# Spruce Lap Pool Schedule

## Interim: August 22nd- October 2nd

Pool Schedule subject to change. Please check the bottom of the page for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am							
6:30am							
7:00am							
7:30am							
8:00am			<b>Lap Swim</b> 6:00-10:30		<b>Lap Swim</b> 6:00-10:30		
8:30am							
9:00am	<b>Lap Swim</b> 6:00-1:00	<b>Lap Swim</b> 6:00-1:00		<b>Lap Swim</b> 6:00-1:00			
9:30am							
10:00am							
10:30am			<b>3 lanes open</b> 10:30-11:30 BAM		<b>3 lanes open</b> 10:30-11:30 BAM	<b>Lap Swim</b> 8:00-1:00	<b>Lap Swim</b> 8:00-1:00
11:00am							
11:30am							
12:00pm			<b>Lap Swim</b> 11:30-1:00		<b>Lap Swim</b> 11:30-1:00		
12:30pm							
1:00pm							
1:30pm							
2:00pm							
2:30pm	<b>5 lanes open</b> 1:00-5:00 Open Swim	<b>5 lanes open</b> 1:00-5:00 Open Swim	<b>5 lanes open</b> 1:00-5:00 Open Swim	<b>5 lanes open</b> 1:00-5:00 Open Swim	<b>5 lanes open</b> 1:00-5:00 Open Swim	<b>4 lanes open</b> 1:00-6:00 Open Swim	<b>4 lanes open</b> 1:00-6:00 Open Swim
3:00pm							
3:30pm							
4:00pm							
4:30pm			<b>4 lanes open</b> 4:30-5:00				
5:00pm	<b>Lap Swim</b> 5:00-7:00	<b>Lap Swim</b> 5:00-6:00	<b>7 lanes open</b> 5:00-5:30	<b>Lap Swim</b> 5:00-6:00			
5:30pm					<b>Lap Swim</b> 5:00-7:00		
6:00pm	<b>4 lanes open</b> 6:00-7:00 Rev. Running	<b>4 lanes open</b> 6:00-7:00 BAM	<b>Lap Swim</b> 5:30-7:00	<b>2 lanes open</b> 6:00-7:00 Drop-in H2O Fit & BAM		<b>Lap Swim</b> 6:00-7:00	<b>Lap Swim</b> 6:00-7:00
6:30pm							
7:00pm							

"Lanes open" indicates lanes open to the public.

**Revolution Running done after 9/19**

**NBRC closure 8/22-10/2 all user groups moved to Spruce**