



Spruce Lap Pool Schedule

August 3-16



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday								
6:00am	Lap Swim 6:00-1:00	Lap Swim 6:00-1:00	Lap Swim 6:00-1:00	Lap Swim 6:00-1:00	Lap Swim 6:00-11:30										
6:30am															
7:00am															
7:30am															
8:00am															
8:30am															
9:00am															
9:30am															
10:00am															
10:30am															
11:00am															
11:30am															
12:00pm															
12:30pm															
1:00pm	4 lanes open 1:00-5:00 Open Swim	4 lanes open 1:00-6:00 Open Swim	4 lanes open 1:00-6:00 Open Swim												
1:30pm															
2:00pm															
2:30pm															
3:00pm															
3:30pm															
4:00pm															
4:30pm															
5:00pm								Lap Swim 5:00-8:00	Lap Swim 5:00-6:00	Lap Swim 5:00-8:00	Lap Swim 5:00-6:00	Lap Swim 5:00-8:00			
5:30pm									4 lanes open 6:00-7:00 BAM		Lap Swim 5:00-8:00				2 lanes open 6:00-7:00 Drop-in H2O Fit & BAM
6:00pm															
6:30pm															
7:00pm															
7:30pm															
8:00pm															

"Lanes open" indicates lanes open to the public.

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information go to www.boulderaquatics.org