



NBRC Lap Pool

August 31 - September 13

Labor Day, Monday September 7th, Lap Swim 8:00-1:00PM

No Drop In Water Fitness or BAM on Labor Day

EAST Shutdown August 29-September 13

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00am	Lap Swim 6:00-9:00		Lap Swim 6:00-9:00		Lap Swim 6:00-9:00						
6:30am											
7:00am											
7:30am											
8:00am											
8:30am											
9:00am	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	Lap Swim 6:00-5:45	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit		4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	3 lanes open 9:00-11:00 Flatirons	Lap Swim 8:00-1:00				
9:30am											
10:00am	Lap Swim		Lap Swim								
10:30am	3 lanes open 10:30-11:30 BAM		3 lanes open 10:30-11:30 BAM		Lap Swim 10:00-12:00						
11:00am											
11:30am											
12:00pm	Lap Swim 11:30-6:00		Lap Swim 11:30-9:00	Lap Swim 6:00-9:00	3 lanes open 12:00-1:00 BAM	Lap Swim 11:00-1:00					
12:30pm											
1:00pm											
1:30pm											
2:00pm											
2:30pm											
3:00pm						4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board				
3:30pm											
4:00pm											
4:30pm											
5:00pm											
5:30pm											
6:00pm	5 lanes open 6:00-7:00 RevRun	4 lanes open 5:45-6:45 Drop-in Zumba									
6:30pm											
7:00pm	5 lanes open Drop in H ₂ O Fit 7:00-8:00	Lap Swim 6:45-9:00									
7:30pm											
8:00pm	Lap Swim 8:00-9:00										
8:30pm											
9:00pm											

"Lanes open" indicates lanes open to the public.

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-413-7260 or go to www.boulderaquatics.org