



RESILIENT

BOULDER

Resilience is the ability of a community to prepare for and respond effectively to stress. Some of the stresses will come on suddenly, like the 2013 flood, wildfires, violence or illnesses. Others take their toll over time, such as economic hardship, social inequality, or the declining health of a community and its members. In either case, resilient communities not only bounce back from these challenges but also “bounce forward,” preserving the quality of life today and improving their legacy for future generations.



Visit Boulder’s Office of Emergency Management for more information on disaster readiness: www.boulderoem.com

GET INVOLVED

Tuesday *Water Tight: Flood Proofing and Personal Resilience in the Home*
September, 16 **Event Location:** REI, 1789 28th St., Boulder, CO 80301.
6 to 8 p.m. Learn strategies to keep water out of your home and mitigate flooding. Register for the seminar at www.boulderfloodinfo.net

Thursday *First Annual Resilience Awards Ceremony*
September, 24 **Event Location:** Planet Bluegrass, W Main St., Lyons, CO 80540.
5:30 to 7 p.m. These awards recognize resilience leaders and projects that are helping to strengthen the community. To learn more, visit www.bocostrong.org

Quarterly *BoCo Strong Resilience Meetup*
Connect with individual, business, community, and countywide resilience builders. To learn more, visit www.bocostrong.org

BE PREPARED

Be Informed before, during and after a disaster. Sign-up for emergency alerts on your phone and keep up-to-date with local emergency notifications.

Have a Plan for responding during an emergency. Learn about the hazards and risks in your area and inform others around you.

Have a Disaster Kit with basic items your household needs in the event of an emergency. Food, water and other supplies should be in sufficient quantity to last for at least 72 hours.

