



East Boulder Recreation Center Lap Pool

September 1 - 13

The East Boulder Recreation Center pools will be open on Labor Day - Mon, Sept 1 from 8:00am-1:00pm

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:30am	BAM 5:40-7:00 *2 lanes	Lap Swim 5:30-11:00	BAM 5:40-7:00 *2 lanes	Lap Swim 5:30-11:00	BAM 5:40-7:00 *2 lanes	Lap Swim 7:00-9:15	Lap Swim 7:30-9:15			
6:00am										
6:30am										
7:00am										
7:30am										
8:00am										
8:30am										
9:00am	H²O Fit *5 lanes	H²O Fit *5 lanes	H²O Fit *5 lanes	H²O Fit *5 lanes	Swim Lessons 9:15-11:30 *6 lanes	Lap Swim 7:30-9:15	Lap Swim 7:30-9:15			
9:30am										
10:00am										
10:30am	BAM 11:00-12:00 *5 lanes	Lap Swim 9:45-12:00	BAM 11:00-12:00 *5 lanes	Lap Swim 9:45-12:00				Swim Lessons 9:15-11:30 *6 lanes	Lap Swim 7:30-9:15	Lap Swim 7:30-9:15
10:30am										
11:00am										
11:30am	BAM 12:00-1:00 *5 lanes	Lap Swim 12:00-4:00	BAM 12:00-1:00 *5 lanes	Lap Swim 12:00-4:00				Swim Lessons 9:15-11:30 *6 lanes	Lap Swim 7:30-9:15	Lap Swim 7:30-9:15
12:00pm										
12:30pm										
1:00pm	Lap Swim 1:00-4:00	Lap Swim 12:00-4:00	Lap Swim 1:00-4:00	Lap Swim 12:00-4:00	Lap Swim 11:30-5:30	Lap Swim 11:30-5:30	Lap Swim 9:00-7:30			
1:30pm										
2:00pm										
2:30pm										
3:00pm										
3:30pm										
4:00pm		Boulder Swimming 4:00-6:00 *2 lanes	Blr Swim 4:00-5:30 *2 lanes 9/9 only	Boulder Swimming 4:00-6:00 *2 lanes				Boulder Swimming 4:00-6:00 *2 lanes	Boulder Swimming 4:00-6:00 *2 lanes	Lap Swim 11:30-5:30
4:30pm	5:30-6:00 *1 lane									
5:00pm										
5:30pm	Lap Swim 6:00-7:00 *5 lanes	Lap Swim 6:00-7:30 *3 lanes 9/10 only	Lap Swim 6:00-7:30 *3 lanes 9/10 only	EXPAND & Bldr Swim 6:00-7:00 *2 lanes	Lap Swim 6:00-7:30 *3 lanes 9/12 only	Lap Swim 11:30-5:30	Lap Swim 9:00-7:30			
6:00pm								6:40-7:15 *7 lanes	Lap Swim 6:00-7:30 *3 lanes 9/10 only	7:00-7:30*6 lanes
6:30pm										
7:00pm	Rev Run 7:00-8:00 *5 lanes	Lap Swim 7:15-9:00	Lap Swim 7:30-9:00	Lap Swim 7:30-9:00	Lap Swim 7:30-9:00	Lap Swim 11:30-5:30	Lap Swim 9:00-7:30			
7:30pm										
8:00pm	Lap Swim 8:00-9:00	Lap Swim 7:15-9:00	Lap Swim 7:30-9:00	Lap Swim 7:30-9:00	Lap Swim 7:30-9:00	Lap Swim 11:30-5:30	Lap Swim 9:00-7:30			
8:30pm										
9:00pm										

*Indicates # of lap lanes available to public for lap swimming
****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****
 For more information call 303-441-4400 or go to www.boulderaquatics.org