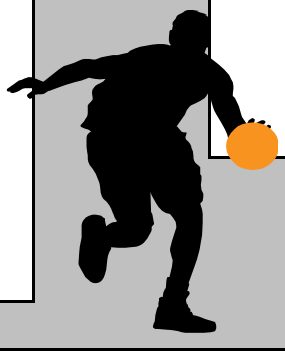
9/16/2014

EBCC Gym Schedule

SEPTEMBER 15th-21st

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	Open Gym 5:30-7:00	Open Gym	Open Gym 5:30-7:00	Open Gym	Open Gym 5:30-9:00		
6:00am		Drop-in MRT 6:15-7:00		Drop-in MRT 6:15-7:00			
6:30am							
7:00am	Bootcamp 7:00-8:00	Open Gym 7:00-8:30	Bootcamp 7:00-8:00	Open Gym 7:00-8:30		Open Gym	
7:30am						Drop-in Carve 8:00-9:00	
8:00am	Open Gym 8:00-9:00	Drop-in Boulder Lift 8:30-9:30	Open Gym 8:00-9:00	Drop-in Boulder Lift 8:30-9:30			
8:30am							
9:00am	Drop-in Boulder Lift 9:00-10:00		Drop-in Boulder Lift 9:00-10:00		Drop-in Total Body Fit 9:00-10:00	Drop-in Carve 9:00-10:00	
9:30am							
10:00am	Open Gym 10:00-1:30	Open Gym 9:30-3:30 / Quad Rugby 10:30-1:30	Open Gym 10:00-3:30	Open Gym 9:30-6:00	EXPAND Friday Fun 10:15-11:30	Denver Nuggets Shooting Clinic 10:00-1:30	Open Gym 8:30-8:00
10:30am							
11:00am					Open Gym 11:30-3:30		
11:30am							
12:00pm							
12:30pm							
1:00pm							
1:30pm	Drop-in Snr Vball 1:30-3:30				Drop-in Snr Vball 1:30-3:30	Open Gym 1:30-6:00	
2:00pm							
2:30pm							
3:00pm				PE 3:00-4:00			
3:30pm	Open Gym	Drop-in All Ages Basketball 3:30-5:00	EBCC Open House 3:30-8:00	Open Gym	Drop-in All Ages Basketball 3:30-5:00		
4:00pm	Nuggets 4:00-5:00			EXPAND Vball 4:00-5:30			
4:30pm							
5:00pm		EXPAND Sports 5:00-6:30 / Open Gym			Open Gym 5:00-9:30		
5:30pm	Rental 5:30-6:30						
6:00pm							
6:30pm	Open Gym 6:30-9:30	Open Gym 7:00-9:30		Open Gym 5:30-9:30	Drop-in Co-Ed Vball 7:00-9:30		
7:00pm							
7:30pm							
8:00pm			Oepn Gym 8:00-9:30				
8:30pm							
9:00pm							
9:30pm							



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to Http://www.boulderparks-rec.org