

# NBRC Gym Schedule

## SEPTEMBER

**The North Boulder Recreation Center will be closed on  
 Labor Day - Monday, September 1<sup>st</sup>**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00am	<b>Open Gym</b> 6:00-7:30	<b>Open Gym</b> 6:00-1:00	<b>Open Gym</b> 6:00-7:30	<b>Open Gym</b> 6:00-1:00	<b>Open Gym</b> 6:00-7:30	<b>Open Gym</b> 6:30-8:00					
6:30am											
7:00am											
7:30am	<b>Drop-in Fit For Life</b> 7:30-8:30		<b>Drop-in Pickleball</b> 8:30-10:30		<b>Drop-in Fit For Life</b> 7:30-8:30	<b>Drop-in Fit For Life</b> 10:30-11:30		<b>Drop-in Fit For Life</b> 7:30-8:30	<b>Bootcamp</b> 8:00-9:00	<b>Open Gym</b> 7:30-8:30	
8:00am											
8:30am											
9:00am	<b>Drop-in Pickleball</b> 8:30-10:30					<b>Open Gym</b> 8:30-10:30		<b>Drop-in CoEd Volleyball</b> 8:30-12:30			
9:30am											
10:00am											
10:30am	<b>Drop-in Fit For Life</b> 10:30-11:30					<b>Drop-in Fit For Life</b> 10:30-11:30					
11:00am											
11:30am	<b>Drop-in Adult Basketball</b> 11:30-1:30			<b>Drop-in Adult Basketball</b> 11:30-1:30							
12:00pm											
12:30pm											
1:00pm	<b>Open Gym</b> 1:30-2:30	<b>Drop-in Senior Basketball</b> 1:00-2:30		<b>Drop-in Senior Basketball</b> 1:00-2:30	<b>Open Gym</b> 1:30-2:30	<b>Open Gym</b> 9:00-7:00					
1:30pm											
2:00pm											
2:30pm	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 1:30-7:00	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Drop-in Youth Basketball</b> 2:30-5:00						
3:00pm											
3:30pm											
4:00pm											
4:30pm											
5:00pm	<b>Open Gym</b> 5:00-9:30	<b>YSI</b> 5:00-6:30			<b>Open Gym</b> 5:00-7:30						
5:30pm											
6:00pm					<b>WW</b> 6:00-7:00	<b>Gonzo</b> 6:00-7:00					
6:30pm											
7:00pm											
7:30pm			<b>Open Gym</b> 6:30-9:30	<b>Drop-in Adult Basketball</b> 7:00-9:30	<b>Open Gym</b> 5:00-9:30						
8:00pm											
8:30pm											
9:00pm											
9:30pm											



**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-413-7260 or go to [Http://www.boulderparcs-rec.org](http://www.boulderparcs-rec.org)