



NBRC Gym Schedule

September 14-20

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-7:45	Open Gym 6:00-7:30	Open Gym 6:00-7:45	Open Gym 6:00-7:30	Open Gym 6:30-8:30			
6:30am									
7:00am									
7:30am	Drop-in Fit For Life 7:30-8:30	Drop-In MRT 7:45-8:45	Drop-in Fit For Life 7:30-8:30	Drop-In MRT 7:45-8:45	Drop-in Fit For Life 7:30-8:30	Open Gym	Open Gym		
8:00am									
8:30am	Pickleball 8:30-10:30	Open Gym 8:45-1:00	Pickleball 8:30-10:30	Open Gym 8:45-1:00	Pickleball 8:30-10:30	Barbell Circuit 8:30-9:30	Drop-in CoEd Volleyball 8:00-12:00		
9:00am									
9:30am									
10:00am									
10:30am	Drop-in Fit For Life 10:30-11:30	Open Gym 8:45-1:00	Drop-in Fit For Life 10:30-11:30	Open Gym 8:45-1:00	Drop-in Fit For Life 10:30am-11:30am	Open Gym 9:30-1:00			
11:00am									
11:30am	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Drop-in Adult Basketball 11:30-1:30	Open Gym 1:30-2:30	Drop-In All Ages Basketball 12:30-3:00		
12:00pm									
12:30pm									
1:00pm	Drop-In All Ages Basketball 2:30-5:00	Drop-In All Ages Basketball 2:30-5:00	Open Gym 1:30-7:00	Drop-In All Ages Basketball 2:30-5:00	Drop-In All Ages Basketball 2:30-5:00	Drop-In All Ages Basketball 1:00-5:00	Open Gym 3:00-8:00		
1:30pm									
2:00pm									
2:30pm									
3:00pm	Open Gym 5:00-9:30	Open Gym 5:00-7:00	Open Gym 1:30-7:00	Open Gym 5:00-7:00	Open Gym 5:00-7:30	Open Gym 5:00-7:00			
3:30pm									
4:00pm		Wmns Wrkout 6:00-7:00		Adult Drop-In Basketball 7:00-9:00	Open Gym 7:00-9:30	Open Gym 7:00-9:30		Open Gym 5:00-7:30	Open Gym 5:00-7:00
4:30pm									
5:00pm	Open Gym 5:00-9:30	Open Gym 5:00-7:00	Open Gym 1:30-7:00	Open Gym 5:00-7:00	Open Gym 5:00-7:30	Open Gym 5:00-7:00			
5:30pm									
6:00pm		Open Gym		Free Agent Night 7:30-8:30	Open Gym 7:00-9:30	Open Gym 7:00-9:30		Open Gym 5:00-7:30	Open Gym 5:00-7:00
6:30pm									
7:00pm	Open Gym 5:00-9:30	Open Gym	Open Gym 1:30-7:00	Open Gym 5:00-7:00	Open Gym 5:00-7:30	Open Gym 5:00-7:00			
7:30pm									
8:00pm		Open Gym		Open Gym	Open Gym 7:00-9:30	Open Gym 7:00-9:30		Open Gym 5:00-7:30	Open Gym 5:00-7:00
8:30pm									
9:00pm	Open Gym	Open Gym	Open Gym 7:00-9:30	Open Gym 7:00-9:30	Open Gym 5:00-7:30	Open Gym 5:00-7:00			
9:30pm									



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)