



NBRC Gym Schedule

September 21-27

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-7:45	Open Gym 6:00-7:30	Open Gym 6:00-7:45	Open Gym 6:00-7:30	Open Gym 6:30-8:30	
6:30am							
7:00am							
7:30am	Drop-in Fit For Life 7:30-8:30	Drop-In MRT 7:45-8:45	Drop-in Fit For Life 7:30-8:30	Drop-In MRT 7:45-8:45	Drop-in Fit For Life 7:30-8:30	Open Gym	
8:00am							
8:30am	Pickleball 8:30-10:30	Open Gym 8:45-1:00	Pickleball 8:30-10:30	Open Gym 8:45-1:00	Pickleball 8:30-10:30	Barbell Circuit 8:30-9:30	Drop-in CoEd Volleyball 8:00-12:00
9:00am							
9:30am							
10:00am							
10:30am	Drop-in Fit For Life 10:30-11:30	Open Gym 8:45-1:00	Drop-in Fit For Life 10:30-11:30	Open Gym 8:45-1:00	Drop-in Fit For Life 10:30am-11:30am	Open Gym 9:30-1:00	
11:00am							
11:30am	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Drop-in Adult Basketball 11:30-1:30	Open Gym 1:30-2:30	Open Gym
12:00pm							
12:30pm							
1:00pm	Drop-In All Ages Basketball 2:30-5:00	Drop-In All Ages Basketball 2:30-5:00	Open Gym 1:30-7:00	Drop-In All Ages Basketball 2:30-5:00	Drop-In All Ages Basketball 2:30-5:00	Drop-In All Ages Basketball 1:00-5:00	Boulder Green Streets
1:30pm							
2:00pm							
2:30pm							
3:00pm	Drop-In All Ages Basketball 2:30-5:00	Drop-In All Ages Basketball 2:30-5:00	Open Gym 1:30-7:00	Drop-In All Ages Basketball 2:30-5:00	Drop-In All Ages Basketball 2:30-5:00	Drop-In All Ages Basketball 1:00-5:00	Boulder Green Streets
3:30pm							
4:00pm							
4:30pm							
5:00pm	Open Gym 5:00-9:30	Open Gym 5:00-7:00	Open Gym 1:30-7:00	Open Gym 5:00-7:00	Open Gym 5:00-7:30	Open Gym 5:00-7:00	Open Gym
5:30pm							
6:00pm		Wmns Wrkout 6:00-7:00		Wmns Wrkout 6:00-7:00			
6:30pm							
7:00pm							
7:30pm							
8:00pm	V-Ball Rental 7:00-9:00	Adult Drop-In Basketball 7:00-9:00	Open Gym 7:00-9:30	Open Gym 7:00-9:30			
8:30pm							
9:00pm							
9:30pm							



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)