



NBRC Lap Pool

September 28-October 4

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Lap Swim 6:00-9:00		Lap Swim 6:00-9:00		Lap Swim 6:00-9:00	3 lanes open 7:00-9:00 Boulder Swimming	
6:30am							
7:00am							
7:30am							
8:00am							
8:30am							
9:00am	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	Lap Swim 6:00-4:00	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	Lap Swim 6:00-4:00	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	3 lanes open 9:00-11:00 Flatirons	Lap Swim 8:00-1:00
9:30am							
10:00am	Lap Swim						
10:30am	4 lanes open 10:30-11:30 BAM		4 lanes open 10:30-11:30 BAM				
11:00am							
11:30am							
12:00pm	Lap Swim 11:30-6:00		Lap Swim 11:30-5:30		Lap Swim 10:00-7:00	Lap Swim 11:00-1:00	
12:30pm							
1:00pm							
1:30pm							
2:00pm							
2:30pm							
3:00pm	3 lanes open 4:00-5:30 Flatirons		Lap Swim 11:30-5:30		Lap Swim 10:00-7:00	4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board
3:30pm							
4:00pm							
4:30pm							
5:00pm							
5:30pm							
6:00pm	4 lanes open 6:00-7:00 RevRun & Lessons	4 lanes open 5:45-6:45 Drop-in Zumba	6 lanes open 6:00-7:00 Lessons	Lap Swim 5:30-7:00		Lap Swim 4:00-6:30	
6:30pm							
7:00pm	4 lanes open Drop in H ₂ O Fit 7:00-8:00	6 lanes open 7:00-8:00 Water Polo Fitness	Lap Swim 7:00-9:00	6 lanes open 7:00-8:00 Water Polo Fitness			
7:30pm							
8:00pm	Lap Swim 8:00-9:00						
8:30pm							
9:00pm							

"Lanes open" indicates lanes open to the public.

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-413-7260 or go to www.boulderaquatics.org