



EBCC Gym Schedule

October 6th-12th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	Open Gym 5:30-7:00	Open Gym	Open Gym	Open Gym	Open Gym 5:30-9:00		
6:00am		Drop-in MRT 6:15-7:00	5:30-7:00	Drop-in MRT 6:15-7:00			
6:30am							
7:00am	Bootcamp 7:00-8:00	Open Gym 7:00-8:30	Bootcamp 7:00-8:00	Open Gym 7:00-8:30		Open Gym	
7:30am							
8:00am	Open Gym 8:00-9:00	Drop-in Boulder Lift 8:30-9:30	Open Gym 8:00-9:00	Drop-in Boulder Lift 8:30-9:30			
8:30am							
9:00am	Drop-in Boulder Lift 9:00-10:00		Drop-in Boulder Lift 9:00-10:00		Drop-in Total Body Fit 9:00-10:00	Drop-in Carve 9:00-10:00	
9:30am							
10:00am	Open Gym 10:00-5:30	Open Gym 9:30-3:30	Open Gym 10:00-12:30	Open Gym 9:30-6:00	EXPAND Friday Fun 10:15-11:30	Open Gym 1:30-6:00	Open Gym 8:30-8:00
10:30am							
11:00am							
11:30am					Quad Rugby 10:30-1:30		
12:00pm							
12:30pm							
1:00pm							
1:30pm	Drop-in Snr Vball 1:30-3:30		Adult Volleyball 12:30-4:30		Drop-in Snr Vball 1:30-3:30		
2:00pm	Open Gym	Drop-in All Ages Basketball 3:30-5:00		EXPAND Vball 4:00-5:30	Drop-in All Ages Basketball 3:30-5:00		
2:30pm							
3:00pm							
3:30pm							
4:00pm	Nuggets 4:00-5:00						
4:30pm							
5:00pm		EXPAND Sports 5:00-6:30					
5:30pm	Nuggets/Rental 5:30-6:30	Open Gym	Open Gym 4:30-7:00	Open Gym	Open Gym 5:00-9:30		
6:00pm							
6:30pm	Open Gym 6:30-9:30	League Women's 6's D2 Vball 7-10:00	League Co-Ed 6's D2 Vball 7-10:00	League Women's 6's D1 Vball 6-10:00			
7:00pm							
7:30pm							
8:00pm							
8:30pm							
8:30pm							
9:00pm							
9:30pm					Drop-in Co-Ed Vball 7-9:30		

