



# EBCC Gym Schedule

## October 20th-26th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:30am	<b>Open Gym</b> 5:30-7:00	<b>Open Gym</b>	<b>Open Gym</b>	<b>Open Gym</b>	<b>Open Gym</b> 5:30-9:00					
6:00am		<b>Drop-in MRT</b> 6:15-7:00	5:30-7:00	<b>Drop-in MRT</b> 6:15-7:00						
6:30am										
7:00am	<b>Bootcamp</b> 7:00-8:00	<b>Open Gym</b> 7:00-8:30	<b>Bootcamp</b> 7:00-8:00	<b>Open Gym</b> 7:00-8:30		<b>Open Gym</b>				
7:30am										
8:00am	<b>Open Gym</b> 8:00-9:00	<b>Drop-in Boulder Lift</b> 8:30-9:30	<b>Open Gym</b> 8:00-9:00	<b>Drop-in Boulder Lift</b> 8:30-9:30					<b>Drop-in Carve</b> 8:00-9:00	
8:30am										
9:00am	<b>Drop-in Boulder Lift</b> 9:00-10:00		<b>Drop-in Boulder Lift</b> 9:00-10:00		<b>Drop-in Total Body Fit</b> 9:00-10:00	<b>Drop-in Carve</b> 9:00-10:00				
9:30am										
10:00am	<b>Open Gym</b> 10:00-5:30		<b>Open Gym</b> 10:00-4:00	<b>Open Gym</b> 9:30-6:00	<b>EXPAND Friday Fun</b> 10:15-11:30	<b>Open Gym</b> 10:00-6:00	<b>Open Gym</b> 8:30-8:00			
10:30am										
11:00am					<b>Quad Rugby</b> 10:30-1:30					
11:30am										
12:00pm					<b>Open Gym</b> 9:30-3:30					
12:30pm										
1:00pm										
1:30pm		<b>Drop-in Snr Vball</b> 1:30-3:30								<b>Drop-in Snr Vball</b> 1:30-3:30
2:00pm										
2:30pm										
3:00pm										
3:30pm		<b>Drop-in All Ages Basketball</b> 3:30-5:00			<b>Drop-in All Ages Basketball</b> 3:30-5:00					
4:00pm	<b>Nuggets</b> 4:00-5:30		<b>Youth Volleyball</b> 4:00-6:00	<b>EXPAND Vball</b> 4:00-5:30						
4:30pm		<b>EXPAND Sports</b> 5:00-6:30								
5:00pm		<b>Open Gym</b>								
5:30pm	<b>Nuggets /Rental</b> 5:30-6:30		<b>Open Gym</b> 6:00-7:00		<b>Open Gym</b> 5:00-9:30					
6:00pm										
6:30pm	<b>Open Gym</b> 6:30-9:30	<b>League Women's 6's D2 Vball</b> 6:30-10:00	<b>League Co-Ed 6's D2 Vball</b> 7-10:00	<b>League Women's 6's D1 Vball</b> 6-10:00	<b>Drop-in Co-Ed Vball</b> 7-9:30					
7:00pm										
7:30pm										
8:00pm										
8:30pm										
9:00pm										
9:30pm										

