



City of Boulder

SBRC Gym Schedule

September 28-October 25

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6:00am	Open Gym 6:00-9:30	Open Gym	Open Gym 6:00-9:30	Open Gym	Open Gym 6:00-9:30					
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30						
7:00am		Complete Conditioning 7:30-8:30		Complete Conditioning 7:30-8:30						
7:30am		Drop-in Total Body Fitness 8:50-9:50		Gymnastics 9:30-11:15 Except 10/14				V-Ball Rental 10:00-11:00 10/1 Only		
8:00am									Open Gym 11:15-12:00	Drop-in Sprts Conditioning 12:00-1:00
8:30am										
8:30am	Drop-in Adult Basketball 11:30-1:30	Drop-in Sprts Conditioning 12:00-1:00								
9:00am			Open Gym 1:00-3:30	Drop-in Pickleball 1:30-3:30	V-Ball 1-4	Adult Bball 1:00-2:30	Drop-in Pickleball 1:30-3:30	Open Gym		
9:30am	Open Gym 5:00-6:15	Open Gym 5:00-6:00							All Ages Bball 3:30-5	
10:00am			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
10:30am	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				
11:00am			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
11:30am	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				
12:00pm			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
12:30pm	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				
1:00pm			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
1:30pm	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				
2:00pm			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
2:30pm	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				
3:00pm			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
3:30pm	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				
4:00pm			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
4:30pm	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				
5:00pm			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
5:30pm	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				
6:00pm			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
6:30pm	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				
7:00pm			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
7:30pm	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				
8:00pm			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
8:30pm	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				
9:00pm			Open Gym 5:00-6:15	Open Gym 5:00-6:00	All Ages Bball 3:30-5					
9:30pm	Open Gym 5:00-6:15	Open Gym 5:00-6:00				All Ages Bball 3:30-5				



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>