



NBRC Lap Pool

October

Pool schedule is subject to change. Please check the bottom of the page for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-12:00	6 lanes open 6:00-7:00 BHS	Lap Swim 6:00-12:00	6 lanes open 6:00-7:00 BHS	Lap Swim			
6:30am			Lap Swim 7:00-9:00		Lap Swim 7:00-9:00			Lap Swim 7:00-9:00	4 lanes open 7:00-9:00 Boulder Swimming
7:00am						Lap Swim 8:00-9:30 BAM			
7:30am									
8:00am						3 lanes open 10:30-11:30 BAM			
8:30am			Lap Swim 11:00-1:00						
9:00am	Lap Swim 10:00-5:00	3 lanes open 12:00-1:00 BAM		Lap Swim 11:30-4:00	Lap Swim 1:00-4:00	Lap Swim 11:30-5:00	4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	
9:30am			3 lanes open 4:00-5:30 Flatirons						7 lanes open 4:00-5:00 BHS XCtry
10:00am	3 lanes open 5:00-6:00 Elks	5 lanes open 5:00-6:00 Elks		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	Lap Swim 4:00-7:30			
10:30am			Lap Swim 5:30-9:00				6 lanes open 6:00-7:00 Lessons	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00
11:00am	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00				
11:30am			Lap Swim 8:00-9:00			Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	
12:00pm	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00				
12:30pm			Lap Swim 8:00-9:00			Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	
1:00pm	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00				
1:30pm			Lap Swim 8:00-9:00			Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	
2:00pm	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00				
2:30pm			Lap Swim 8:00-9:00			Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	
3:00pm	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00				
3:30pm			Lap Swim 8:00-9:00			Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	
4:00pm	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00				
4:30pm			Lap Swim 8:00-9:00			Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	
5:00pm	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00				
5:30pm			Lap Swim 8:00-9:00			Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	
6:00pm	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00				
6:30pm			Lap Swim 8:00-9:00			Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	
7:00pm	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00				
7:30pm			Lap Swim 8:00-9:00			Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	
8:00pm	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00				
8:30pm			Lap Swim 8:00-9:00			Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	
9:00pm	Lap Swim 8:00-9:00	Lap Swim 7:00-9:00		Lap Swim 7:00-9:00	Lap Swim 8:00-9:00				

"Lanes open" indicates lanes open to the public.

10/17 BAM Monday, Tu/Th, and Sunday practices begin

10/18 Scuba in 3 lanes 10:45-1:45, No BAM practice