



NBRC Lap Pool

NOVEMBER 12 - 30

11/14/2014



The North Boulder Recreation Center will be closed on
Thurs, Nov 27th and opening at 8:00am on Fri, Nov 28th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday						
6:00am	Lap Swim 6:00-7:00	Lap Swim 6:00-8:00	Lap Swim 6:00-7:00	Lap Swim 6:00-8:00	Lap Swim 6:00-7:00								
6:30am													
7:00am	Elks 7:00-8:15 *7 lanes	Drop-in H₂O Fit 8:00-9:00 *4 lanes	Elks 7:00-8:15 *7 lanes	Drop-in H₂O Fit 8:00-9:00 *4 lanes	Elks 7:00-8:15 *7 lanes			Boulder Swimming 7:00-9:00 *3 lanes not 11/15	BAM 8:00-9:30 *2 lanes				
7:30am													
8:00am	Lap Swim 8:15-9:00	Lap Swim 9:00-12:00	Lap Swim 8:15-9:00	Lap Swim 9:00-12:00	Lap Swim 8:15-9:00			Flatirons 9:00-10:00 *3 lanes	BAM 9:30-10:30 *4 lanes				
8:30am													
9:00am	Drop-in H₂O Fit 9:00-10:00 *4 lanes		Lap Swim 9:00-10:00 *4 lanes		Drop-in H₂O Fit 9:00-10:00 *4 lanes			Lap Swim 9:00-10:00 *4 lanes	Drop-in H₂O Fit 9:00-10:00 *4 lanes	Fitrns & Elks 10:00-11:00 *2 lanes	Lap Swim 10:30-1:00		
9:30am													
10:00am	Lap Swim		Lap Swim 1:00-4:00		Lap Swim			Lap Swim 1:00-4:00	Lap Swim	Open Swim 1:00-4:00 *4 lanes	Open Swim 1:00-3:00 *4 lanes		
10:30am	BAM 10:30-11:30 *3 lanes												
11:00am													
11:30am													
12:00pm					BAM 12:00-1:00 *3 lanes		BAM 12:00-1:00 *3 lanes						
12:30pm													
1:00pm													
1:30pm	Lap Swim 11:30-4:00			Lap Swim 11:30-4:00	Lap Swim 11:30-4:00	Lap Swim 11:30-4:00							
2:00pm													
2:30pm													
3:00pm													
3:30pm													
4:00pm	BHS 4:00-5:00 *3 lanes	BHS 4:00-5:30 *4 lanes	BHS 4:00-5:00 *3 lanes	BHS 4:00-6:00 *4 lanes	BHS 4:00-5:00 *2 lanes	Lap Swim 4:00-6:30	Synchro 3:00-6:30 *4 lanes 11/23 only						
4:30pm													
5:00pm	BHS & Elks 5:00-6:00 *3 lanes		BHS & Elks 5:00-6:00 *3 lanes	BHS & Elks 5:00-6:00 *2 lanes									
5:30pm		Drop-in Zumba 5:45-6:45 *4 lanes											
6:00pm	BAM 6:00-7:00 *4 lanes	Lap Swim 6:45-9:00		Lap Swim 6:00-9:00	6:00-6:30 *5 lanes								
6:30pm								Lap Swim					
7:00pm	Drop-in H₂O Fit 7:00-8:00 *4 lanes				Lap Swim 6:00-9:00			Lap Swim 6:00-9:00					
7:30pm													
8:00pm	Lap Swim 8:00-9:00												
8:30pm													
9:00pm													

***Indicates # of lap lanes available to public for lap swimming**

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-413-7260 or go to www.boulderaquatics.org