



# NBRC Gym Schedule

## NOVEMBER

**The North Boulder Recreation Center will be closed on Thurs, Nov 27<sup>th</sup> and opening at 8:00am on Fri, Nov 28<sup>th</sup>**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
6:00am	<b>Open Gym</b> 6:00-7:30	<b>Open Gym</b> 6:00-1:00	<b>Open Gym</b> 6:00-7:30	<b>Open Gym</b> 6:00-1:00	<b>Open Gym</b> 6:00-7:30	<b>Open Gym</b> 6:30-8:30						
6:30am			<b>Drop-in Fit For Life</b> 7:30-8:30		<b>Drop-in Fit For Life</b> 7:30-8:30			<b>Drop-in Fit For Life</b> 7:30-8:30	<b>Drop-in Grp Power Wrkt</b> 8:30-9:30	<b>Open Gym</b> 7:30-8:30		
7:00am			<b>Drop-in Pickleball</b> 8:30-10:30		<b>Drop-in Pickleball</b> 8:30-10:30			<b>Drop-in Pickleball</b> 8:30-10:30		<b>Drop-in Fit For Life</b> 10:30-11:30	<b>Drop-in CoEd Volleyball</b> 8:30-12:30	
7:30am	<b>Drop-in Adult Basketball</b> 11:30-1:30					<b>Drop-in Adult Basketball</b> 11:30-1:30			<b>Drop-in Adult Basketball</b> 11:30-1:30			<b>Gonzo</b> 9:45-12:00
8:00am												
8:30am	<b>Drop-in Senior Basketball</b> 1:00-2:30		<b>Drop-in Senior Basketball</b> 1:00-2:30		<b>Drop-in Senior Basketball</b> 1:00-2:30	<b>Open Gym</b> 9:30-7:00						
9:00am								<b>Drop-in Bball</b> 2:30-5:00	<b>Drop-in Bball</b> 2:30-5:00	<b>Drop-in Bball</b> 2:30-5:00	<b>Open Gym</b> 12:30-8:00	
9:30am	<b>Drop-in Bball</b> 2:30-5:00		<b>Drop-in Bball</b> 2:30-5:00		<b>Drop-in Bball</b> 2:30-5:00	<b>Drop-in Grp Power Wrkt</b> 5:00-6:00						
10:00am								<b>Drop-in Bball</b> 2:30-5:00	<b>Drop-in Bball</b> 2:30-5:00	<b>Drop-in Bball</b> 2:30-5:00	<b>Drop-in Grp Power Wrkt</b> 5:00-6:00	
10:30am	<b>Drop-in Bball</b> 2:30-5:00		<b>Drop-in Bball</b> 2:30-5:00		<b>Drop-in Bball</b> 2:30-5:00	<b>Drop-in Grp Power Wrkt</b> 5:00-6:00						
11:00am		<b>Drop-in Bball</b> 2:30-5:00		<b>Drop-in Bball</b> 2:30-5:00			<b>Drop-in Bball</b> 2:30-5:00	<b>Drop-in Grp Power Wrkt</b> 5:00-6:00				
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1:00pm		<b>Drop-in Bball</b> 2:30-5:00		<b>Drop-in Bball</b> 2:30-5:00			<b>Drop-in Bball</b> 2:30-5:00	<b>Drop-in Grp Power Wrkt</b> 5:00-6:00				
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3:00pm		<b>Drop-in Bball</b> 2:30-5:00		<b>Drop-in Bball</b> 2:30-5:00			<b>Drop-in Bball</b> 2:30-5:00	<b>Drop-in Grp Power Wrkt</b> 5:00-6:00				
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4:00pm		<b>Drop-in Bball</b> 2:30-5:00		<b>Drop-in Bball</b> 2:30-5:00			<b>Drop-in Bball</b> 2:30-5:00	<b>Drop-in Grp Power Wrkt</b> 5:00-6:00				
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**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-413-7260 or go to [Http://www.boulderparcs-rec.org](http://www.boulderparcs-rec.org)